PORTLAND
ADULT
EDUCATION

academics | enrichment | workforce

COURSE CATALOG
FALL 2026

New Beginnings.

Register now for our Fall Semester!

www.portlandadulted.org

Visit us online for full class descriptions and registration

A Letter from Our Director

We are excited to highlight the contents of this Fall 2026 catalog of course offerings at Portland Adult Education.

In our **Enrichment** section, you will see close to 100 courses ranging from welding, woodworking, and writing to podcasting, painting, or Peg loom weaving! Whether your interests are in the arts, exercise, or economics, we have just the right class for you! And, if you happen to have a unique talent or interest that you'd like to share with the Portland Community, please email us at adulted@portlandschools.org! We are always looking to learn new things!

Our **Workforce** courses will be available this term in semesters rather than trimesters for the most part, so pay close attention to the dates as you scroll through this section. The Fall semester will run from September 8 to January 29, and the Spring semester will run from February 1 to June 23. Whether you are new to the USA or are just looking for a change in your career, our team is here to support you to reach your goals!

This past spring, PAE graduated the largest number of students from all ages in our **Academics** programs. We are always thrilled when someone decides to return to their pursuit of learning. Whatever your interests or goals may be, PAE is the place for you!

Kate Hersom
Interim Executive Director, Portland Adult Education

Register Now!

Enrichment registration is open!
See page 18 for information about registering for **Academics classes**.

REGISTER ONLINE: Visit **www.portlandadulted.org** to register and find full descriptions of the courses in the catalog. Registration confirmations are sent via email only.

BY PHONE: Call **(207) 874-8155** and please have your credit card information ready.

BY MAIL: Complete the **registration form on page 27** and include your credit card information or a check (payable to PAE) and mail to:

Portland Adult Education
14 Locust Street
Portland, ME 04101

IN PERSON: Come in to the school to register. Please check the website for updated hours.

FEES: The registration fees listed reflect pricing for Portland residents (in bold) and non-residents: **Resident**/Non-Resident **$15**/$25. All course, lab, and material fees must be paid when you register. A $10 fee will be added to all agency invoices.

BOOKS: Academic and Workforce books should be purchased at 14 Locust Street unless otherwise specified. We do not provide book refunds.

CLASS LOCATIONS are listed on the back cover of the catalog.

PPS HOLIDAYS: Unless otherwise noted during the first class, classes do not meet during school vacations and holidays, including: 9/7, 9/21, 10/12, 11/11, 11/25-27, 12/21-1/1/2027

Enrich your life through learning a new skill, trade, or language, either virtually or in-person.

Enrichment

Photo courtesy of Factory 3.

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Earn your high school diploma, prepare for college, or learn English to prepare for the world.

Academics

Photo courtesy of Molly Haley.

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Prepare for a new job, re-enter the business world, or integrate your knowledge from another country.

Workforce

Photo courtesy of Molly Haley.

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We may add new classes to the schedule, so check the website for new listings. Additional information and school policies can be found at portlandadulted.org

Course and book fees will be fully refunded if a class is canceled. A $10 fee is withheld if you drop a course at least one business day before the first class. A 50% refund will be issued if you drop after the first class, but before the second class. No refunds are issued for one session classes or after the second class.

Visit portlandadulted.org to view full descriptions and register!

PAE Enrichment Program

Enrichment courses provide a mindful approach to improve overall personal wellness. People who take our courses holistically enrich their lives through learning a new skill, trade, or language; meeting new people; and having a positive counterpoint to the everyday demands of life. Our online and in-person programs offer affordable experiences and create new opportunities for Greater Portland residents to learn. **Registration for Enrichment classes is open!**

PORTLAND ADULT EDUCATION
enrichment

Business Courses

Intro to QuickBooks® Online

This course uses QuickBooks accounting software. It will cover areas including setting up an accounting system, accounts receivable and payable reconciliation, and financial statement generation.

Instructor	Location	Day/Time	Dates	Fee
Deb Seigars	Online	TU 6:00PM-8:00PM	9/15-10/20	**$89**/$99
Deb Seigars	Online	M/W 5:30PM-7:30PM	10/12-10/28	**$89**/$99

Financial Planning 101

Learn the fundamentals of personal financial planning in this four-session course designed for beginners and working adults. Topics include budgeting, debt payoff strategies, compound interest, retirement planning and more. Participants will leave with practical tools and strategies to improve financial confidence, reduce financial stress, and make informed decisions for the future.

Instructor	Location	Day/Time	Dates	Fee
Kathryn Nagle	DHS Room 209	TH 6:00PM-7:30PM	10/15-11/5	**$100**/$110

Music, Fine Arts, & Photography

Ukulele for Beginners

Learn to play the ukulele! It has never been more popular. Here's your chance to find out how to play this wonderfully versatile, go anywhere instrument. Join our no-stress program for some laughs and learning. Bring your sense of humor, a passion for music, and curiosity about playing. Once you master the basics you won't want to stop. So grab a uke, you do not need to read music. Just sign up, tune up and show up. Let your musical journey begin!

Instructor	Location	Day/Time	Dates	Fee
Duncan Perry	Online	TU 6:00PM-7:30PM	9/29-10/20	**$79**/$89
Duncan Perry	Online	TU 6:00PM-7:00PM	10/27-11/17	**$79**/$89

Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do, using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the online book, online follow up lessons, a recording of the class, and also an optional periodic question and answer session. Class is held online using zoom and is partly hands-on instruction and partly lecture demonstration.

Instructor	Location	Day/Time	Dates	Fee
Craig Coffman	Online	MO 6:30PM-9:30PM	10/19	**$69**/$79

Instant Guitar for Hopelessly Busy People

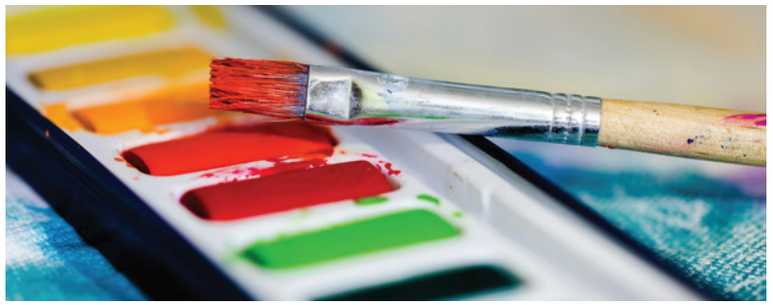
In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online follow up lessons, a recording of the class, and also an optional periodic question and answer session. Class is held online using Zoom and is partly hands-on instruction and partly lecture/demonstration.

Instructor	Location	Day/Time	Dates	Fee
Craig Coffman	Online	TU 6:30PM-9:00PM	10/20	**$69**/$79

Basic Drawing

Unlock your creative potential and learn to draw what you see. Through curated still-life arrangements, this immersive studio course explores line, form, value, and composition. You will build confidence and technique using classic pencil and expressive ink wash mediums. A suggested supply list will be provided (approx.$40). *Class fee does not include supplies.*

Instructor	Location	Day/Time	Dates	Fee
Patrick Corey	PATHS Room 370	MO 6:00PM-8:00PM	11/23-12/14	**$69**/$79



Basic Watercolor

Discover the vibrant world of watercolor painting. Working from direct observation, this course covers color theory, mixing, brush selection, and essential techniques like wash and dry brush. You will learn reliable step by step process while creating beautiful still life artwork. A suggested supply list will be provided (approx.$40). *Class fee does not include supplies.*

Instructor	Location	Day/Time	Dates	Fee
Patrick Corey	PATHS Room 370	TU 6:00PM-8:00PM	11/3-11/24	**$69**/$79

Learn to Crochet, A Visual First Workshop

Curious about crochet but not sure where to start? This beginner-friendly class will help you build confidence in a relaxed, supportive environment. You'll learn the foundational stitches and techniques used in most projects, along with a visual approach that helps you understand how crochet works—not just follow steps. By the end of class, you'll be ready to keep practicing on your own and start making simple projects. You'll also receive access to online resources so you can revisit concepts, refresh your skills, and continue learning after class ends.

Instructor	Location	Day/Time	Dates	Fee
Candace Ohm	PATHS Room 141	TH 6:00PM-8:00PM	9/24-10/8	**$50**/$60

Have a Class You Want to Teach?

WE WANT YOU!

Share your unique talents and passion with the Portland Community.

To share your ideas and learn more, please contact us at adulted@portlandschools.org or call (207) 874-8155.

Music, Fine Arts, & Photography *(continued)*

Photography for Beginners

This course will teach you how to take great photographs with an adjustable 35mm or digital camera (note: "point and shoot" cameras are not covered). Topics like composition, shutter speeds, F-stops, depth of field, lenses etc. will be discussed. Bring camera and instruction booklet.

Instructor	Location	Day/Time	Dates	Fee
Brian Peterson	DHS Room 209	TH 6:00PM-8:00PM	9/24-10/29	**$59**/$69

Digital Photography for Newbies

Are you still getting to know your digital camera and its features? Here's an opportunity to learn from an expert in this seminar for beginners! Have your camera ready and learn when and how to use its special features — such as program mode, manual mode, aperture priority and shutter priority. Also covered will be basic composition and best use of light for different situations, such as plant, people, macro, and landscape photography.

Instructor	Location	Day/Time	Dates	Fee
Steve McGrath	Online	TU 5:30PM-7:30PM	9/15-10/13	**$95**/$105

Pet Photography

This Pet photography course is designed to teach you everything you need to know to take professional-quality portraits. You will learn how to work with all different types of subjects, from individuals and groups to children and pets. Steve will explain the nuances of lighting and posing, how to shoot in studio or on location, and how to master the gear you will need to create inspiring work! Link will be shared a couple days before the class.

Instructor	Location	Day/Time	Dates	Fee
Steve McGrath	Online	TU 7:30PM-9:00PM	11/17-11/24	**$59**/$69

Nature and Bird Photography

In this Nature and Bird Photography online class, we will go over camera settings and compositions and how to get great images of Nature's best like moose, birds, seals and other subjects! We will also learn how to set up a blind to get great images, the best lenses for this type of photography and tripods to get the best stability for your images! Link will be shared a couple of days before the class.

Instructor	Location	Day/Time	Dates	Fee
Steve McGrath	Online	TU 5:30PM-7:00PM	12/1-12/22	**$59**/$69

Smartphone Photography

This Class is dedicated to helping you with understanding how to use your smartphone photography, how to take a create great Images on your phone, what editing apps to use, how to share and print your images. Join Steve as we go over how to find out how to use essential controls on your phone along with the best free and low-cost tools for editing and image management. Link will be shared a couple of days before the class.

Instructor	Location	Day/Time	Dates	Fee
Steve McGrath	Online	TU 7:30PM-9:00PM	12/1-12/22	**$79**/$89

Fitness & Dance

Hatha Yoga & Akasha Yoga with Sound Bowls

Move, breathe, and expand your awareness in this gentle Hatha Yoga class designed to open the body and quiet the mind. We begin with slow, intentional postures and mindful breathwork to ground your energy and create spaciousness throughout the body. Once the physical practice settles into stillness, you'll be guided into a deep meditation supported by the resonant tones of sound bowls. Their vibration helps soften the mind and elevate your frequency as you journey into the Akasha field — a subtle realm of intuition, clarity, and expanded consciousness. This class is accessible to all levels and offers a balanced blend of movement, sound, and inner exploration. Expect to leave feeling centered, open, and connected to a deeper sense of self. *No class 9/24.*

Instructor	Location	Day/Time	Dates	Fee
Leighann Morgan	PATHS Room 310	TH 5:30PM-6:30PM	9/17-11/12	**$111**/$121

Capoeira Angola

Capoeira Angola is a traditional Afro-Brazilian martial art that combines dance, acrobatics and live music. Developed by enslaved Africans as a disguised form of self-defense, it is played close to the ground inside a circle of participants. Practitioners focus on slow, fluid movements, strategy, and street cunning rather than acrobatics.

Instructor	Location	Day/Time	Dates	Fee
Joao Bordallo	OAS Gym	TU 7:00PM-8:00PM	9/15-11/3	**$80**/$90

Contemporary Line Dance: Beginner

Line dancing is accessible to everyone, fun for all, and no partner is needed! A wide range of music will be used. Those who have done jazz and ballroom dancing will enjoy this form of dance too. Session 1: dances suited for beginner students. Session 2: dances suited for students who have some previous line dance experience. *Drop in fee $10.*

Instructor	Location	Day/Time	Dates	Fee
Rae Jean Webber	OAS Gym	TH 7:00PM-8:00PM	9/10-10/15	**$54**/$64

Contemporary Line Dance: Advanced Beginner

Line dancing is accessible to everyone, fun for all, and no partner is needed! A wide range of music will be used. Those who have done jazz and ballroom dancing will enjoy this form of dance too. Session 1: dances suited for beginner students. Session 2: dances suited for students who have some previous line dance experience. *No class 11/26. Drop in fee $10.*

Instructor	Location	Day/Time	Dates	Fee
Rae Jean Webber	OAS Gym	TH 7:00PM-8:00PM	10/22-12/10	**$63**/$73

Collective Quantum Field Meditation

Step into a powerful shared journey where intention, presence, and consciousness merge. This 1-hour guided meditation invites everyone who joins to experience a deep collective connection within the quantum field — the space where energy, awareness, and possibility meet. *Classes meet once a month.*

Instructor	Location	Day/Time	Dates	Fee
Leighann Morgan	PATHS Room 310	MO 5:30PM-6:30PM	9/14-12/7	**$99**/$109

Essential Oil Workshop: Create Your Own Sprays & Roller Blends

Discover the art and magic of essential oils in this hands-on, beginner-friendly class. You'll learn the basics of essential oils — how they're used, how to blend them safely, and how to choose oils that support mood, energy, relaxation, and overall well-being.

Instructor	Location	Day/Time	Dates	Fee
Leighann Morgan	PATHS Room 125	MO 5:30PM-6:45PM	11/2	**$30**/$40

Functional Fitness

An efficient, effective, and enjoyable work out; A combination of muscular strength, cardiovascular capacity, balance, coordination, cognitive function, and flexibility with a backdrop of music and humor. Strengthen yourself for easy and graceful function, enhance physical performance, prevent injury and unbend from sedentary screen work. Accessible and challenging for all levels. Bring sneakers, mat and a water bottle. 2x a week, 9 weeks. FMI emmaholder.com/fitness

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	LMS Café	TU/TH 5:30PM-6:30PM	10/20-12/17	**$85**/$95

Fall Interval Fitness

This interval training class offers three essential fitness components: Cardio, strength training, and stretching to release tension. Participants will engage in interval training, essential for calorie burning and weight loss. Students will engage in multiple actions for short bursts. This class is an in person, drop-in class or by Zoom. For online students, the teacher will contact the students regarding payment and provide the link. Course fee is per class.

Instructor	Location	Day/Time	Dates	Fee
Jessica Lockhart	OAS Gym/Hybrid	TU/TH 5:45PM-6:45PM	9/8-12/10	**$4**/$4

Enrichment

Fitness & Dance *(continued)*

Qigong and Taiji Foundations

Qigong and Taiji foundations consist of breathing, good posture, fluid movements, gentle awareness, and most of all, relaxation and having fun. Anyone of any physical ability can take this class. We sharpen our awareness as we learn to relax and center our mind, and use our core and legs to work more efficiently as we flow through movements.

Instructor	Location	Day/Time	Dates	Fee
Cal Clark	MTQC	WE 10:00AM-11:00AM	9/9-11/4	**$145**/$155

Evidence-Based Taiji with Qigong Foundations

EBT is a comprehensive program for beginners that offers a solid foundation for further study in the style of Taiji. The result of Dr. Yang Yang's extensive training with grandmasters of the Chen style and his research studying the mechanisms and benefits of Taijiquan and Qigong practice, you will learn and practice: essential static and dynamic qigong exercises; and a seven-form sequence that is challenging yet adaptable to suit all levels.

Instructor	Location	Day/Time	Dates	Fee
Cal Clark	MTQC	TH 5:15PM-6:15PM	9/10-11/5	**$145**/$155

Cuban Salsa

In this class, students will learn the basics of the Salsa footwork and some simple, fun moves that will get you out on the dance floor. You will learn how to connect with any partner, and build confidence dancing to different styles and tempos and music. Students will be introduced to the famous Salsa Rueda. Partner is recommended. *No class 10/12.*

Instructor	Location	Day/Time	Dates	Fee
Anna Golendukhina	LMS Café	MO 6:45PM-7:45PM	9/28-11/2	**$75**/$85
Anna Golendukhina	LMS Café	TH 6:45PM-7:45PM	10/22-11/19	**$75**/$85

Global Dance Party

Joyful movement to music from around the world: Salsa, Merengue, Tango, Swing, Cha Cha, Reggaeton, Bellydance, African and more. Participants will bust stress, boost energy and burn calories to fabulous music. Improvisation encouraged, all levels welcome. Also included: stretching and core work to support your back, your dance, and your life. 2x a week, 9 weeks. (Or simply drop in for $7) Bring a mat, sneakers and water bottle. emmaholder.com/fitness *No class 11/11, 11/25.*

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	LMS Café	M/W 5:30PM-6:30PM	10/19-12/16	**$25**/$35

Ballroom Dance

This class introduces couples to basic ballroom dance patterns and skills to move smoothly on the dance floor. Enjoy learning Merengue, Waltz, Foxtrot, Rumba, Cha Cha, Tango, Bachata and much more. Look confident, have fun and enjoy social events like cruises, weddings, anniversaries, parties, or clubs. *Requirement: A dancing partner. Class fee is per person. No class 11/11, 11/25.*

Instructor	Location	Day/Time	Dates	Fee
Patty Medina	OAS Gym	WE 7:00PM-8:00PM	9/16-10/14	**$60**/$70
Patty Medina	OAS Gym	WE 7:00PM-8:00PM	10/21-12/2	**$60**/$70

Home & Life Skills

Best Clothing & Makeup Colors

Is your closet full of black-colored clothing? Would you like to learn what other colors look good on you? In this fun interactive class, you'll be draped in a variety of colors to learn about warmer and cooler tones to determine what types of colors look best on you. You'll also receive recommendations for eye shadows, blush and lipsticks, along with sunglasses colors and jewelry metals to flatter your coloring!! Please wear a lower neckline to class.

Instructor	Location	Day/Time	Dates	Fee
Candace Sanborn	PATHS Room 141	TH 5:30PM-8:00PM	10/29	**$35**/$45

Holistic Approaches to Stress Management for Women

This course will provide practical and experiential opportunities to better manage stress. Coping strategies are enhanced with greater self awareness, mindfulness and healing arts practices. This series will offer a progression of tools especially for women to reduce stress, enhance peace, vitality, and ease no matter the circumstances.

Instructor	Location	Day/Time	Dates	Fee
Jennifer Deraspe	PATHS Room 141	MO 6:00PM-7:30PM	11/2-11/9	**$30**/$40

Intro to Public Speaking

The goal of Introduction to Public Speaking and Communications is to provide caring, professional, and patient instruction, forging successful confidence-building. You will learn why we get uncomfortable "on stage" and attain proven techniques to be a better communicator. You will receive candid feedback in a trusting environment. Whether you are preparing for a job interview or simply wish to become a more confident communicator, this course is for you. *No class 10/12, last class is on Wednesday 10/21.*

Instructor	Location	Day/Time	Dates	Fee
Steve Alpren	DHS Room 207	MO 6:00PM-8:00PM	9/14-10/21	**$100**/$110

Advanced Public Speaking

This course is a follow-up to the Intro to Public Speaking and Communications class just offered through the fall term. This course is also intended for students that have an established background and comfort with speaking in public. Taking the introduction course first is suggested, however, it is not a prerequisite to sign up for this class if you are seeking a faster-paced learning environment.

Instructor	Location	Day/Time	Dates	Fee
Steve Alpren	DHS Room 207	WE 6:00PM-8:00PM	9/9-10/14	**$100**/$110

Ferment This! Kombucha

You could buy a $4 bottle of kombucha, or you could make your own for pennies. It's simply sweetened black or green tea with a culture added. This hybrid-option class will include a science overview and a primary ferment creation to take with you. A secondary ferment will be demonstrated so you can do it at home. We'll discuss kombucha's microbiology, troubleshooting, glassware and SCOBYs (they're provided). Materials, instructions and a zoom link will be emailed by instructor following your registration.

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	LMS Café/Hybrid	WE 7:00PM-8:15PM	10/28	**$30**/$40

Ferment This! Crisp Tangy Slaw

Fermented vegetable salads and condiments add flair, probiotics and nutrition to any meal. This recipe is a tangy (not creamy) coleslaw featuring cabbage, onion, green pepper, celeriac, and carrot, with a dressing added after the fermentation. You'll learn a bit of microbiology and a basic sauerkraut-style technique. Part 1: We'll create a mixture of the vegetables which you'll take home to ferment. Part 2 will be demonstrated in class so you can easily complete the recipe at home in 7-10 days. Materials, instructions and a zoom link will be emailed by instructor following your registration. FMI emmaholder.com/fermentation

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	LMS Café/Hybrid	WE 7:00PM-8:15PM	11/4	**$30**/$40

Home & Life Skills *(continued)*

Ferment This! Lactofermented (better than pickled) Onions

Do you like pickled onions? This is the probiotic version. You can use small pearl-like onions, rounds or lengths of red or yellow onions, even green onions or leeks. Great on sandwiches, in soups or for snacking. Fermenting results in delicious tangy onions that are easier to digest than raw. The class starts with a bit of microbiology and microbiome discussion, and then we get down to the fermenting business. Materials, instructions and a zoom link will be emailed by instructor following your registration. FMI emmaholder.com/fermentation

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	LMS Café/Hybrid	TU 7:00PM-8:15PM	11/10	**$30**/$40

Photo courtesy of Emma Holder.

The Safety of Herbs in Pregnancy

This will be an overview of appropriate herbs for use during the three trimesters of pregnancy, and dosing guidelines. Questions are very welcome, and bring a mug! Mishca is a clinically trained herbalist with over 20 years of experience.

Instructor	Location	Day/Time	Dates	Fee
Mischa Schuler	PATHS Room 141	TH 5:30PM-6:30PM	10/15	**$15**/$25

5 Herbs for Easing Menstrual Cramps

This is a brief overview of the menstrual cycle and the types of cramps that may occur throughout the month, and which common herbs are helpful to ease discomfort and provide a pain-free cycle. We will be smelling and tasting herbs so you leave with confidence to apply them into your daily life. Questions are very welcome, and bring a mug! Mischa is a clinically trained herbalist with over 20 years of experience.

Instructor	Location	Day/Time	Dates	Fee
Mischa Schuler	PATHS Room 141	TH 6:45PM-7:45PM	10/15	**$15**/$25

5 Herbs to Support Mood as We Move Into Winter

As the colder months and shorter days arrive, it can be magical to have herbal companions to support our nervous systems, strengthen our circulation, improve digestion, fortify your lungs, and bolster our mood. Some plants can offer all of the above-Rosemary for example! Discover fun and easy ways to bring a few culinary herbs into your daily life that can make a significant difference in your health, and experience a few herbs that are for specific types of mood challenges. We will be tasting goodies and having fun. Questions are very welcome, and bring a mug! Mischa is a clinically trained herbalist with over 20 years of experience.

Instructor	Location	Day/Time	Dates	Fee
Mischa Schuler	PATHS Room 141	TH 8:00PM-9:00PM	10/15	**$15**/$25

How to Sell on eBay, Etsy, and Poshmark for Fun and Profit

Turn your clutter into cash and your hobbies into income! In this hands-on course, you will learn how to successfully sell on eBay, Etsy, and Poshmark. From setting up your shop to creating listings that sell. This class will give you the tools to start making money online, all while having fun. Please bring your laptop and a charger to class.

Instructor	Location	Day/Time	Dates	Fee
Barbara Monroe	PATHS Room 141	WE 6:00PM-8:00PM	10/14-10/21	**$29**/$39

Languages

Italian 1

Ciao! Interested in learning what scholars call "the most romantic language"? Explore conversational approaches to the basics of Italian. Learn about the country and the culture at the same time. This class is for people with no previous experience with the Italian language. **Required:** purchase *Italian Made Simple*, by Cristina Mazzoni. *No class 11/11, 11/25.*

Instructor	Location	Day/Time	Dates	Fee
Giovina Ferrante	DHS Room 220	WE 6:00PM-8:00PM	9/9-12/2	**$149**/$159

Italian 2: Continuing

This is a continuation of the Italian 1 class. Increase your vocabulary and learn to speak more fluidly. **Prerequisite:** at least one semester of Italian. *No class 11/24.*

Instructor	Location	Day/Time	Dates	Fee
Giovina Ferrante	DHS Room 220	TU 6:00PM-8:00PM	9/8-12/1	**$149**/$159

Italian: Conversational

Come to this class and really test your ability to speak Italian. You must have taken Italian classes prior to enrolling. Immerse yourself in the Italian culture with a motivated group. *No class 11/23.*

Instructor	Location	Day/Time	Dates	Fee
Giovina Ferrante	DHS Room 220	MO 6:00PM-8:00PM	9/14-12/7	**$120**/$130

Spanish 1

As an introduction to the Spanish language, this course emphasizes pronunciation and basic conversational skills. Students will explore the language and culture, while also engaging in basic Spanish discussions. **Required:** purchase *Practical Spanish Grammar, A Self-Teaching Guide*, by Marcial Prado, ISBN: 0-471-13446-5 *No class 11/24.*

Instructor	Location	Day/Time	Dates	Fee
Ronmel Rangel	DHS Room 216	TU 6:00PM-7:30PM	9/8-12/1	**$126**/$136

Spanish 2

Students will continue their Spanish language development by working on pronunciation, conversational abilities, and vocabulary skills. This course is also appropriate for students who have had a semester of Spanish but need to refresh their skills. **Required:** purchase *Practical Spanish Grammar, A Self-Teaching Guide*, by Marcial Prado, ISBN: 0-471-13446-5 *No class 11/24.*

Instructor	Location	Day/Time	Dates	Fee
Ronmel Rangel	DHS Room 216	TU 7:35PM-9:05PM	9/8-12/1	**$126**/$136

Spanish 3

This class helps students continue with their Spanish language development, focusing on basic conversational skills, vocabulary, and grammar. **Required:** purchase *Practical Spanish Grammar, A Self-Teaching Guide*, by Marcial Prado, ISBN: 0-471-13446-5 *No class 11/25.*

Instructor	Location	Day/Time	Dates	Fee
Ronmel Rangel	DHS Room 216	WE 6:00PM-7:30PM	9/9-12/2	**$126**/$136

Spanish 4

Building off Spanish 3, students will increase their Spanish grammar and advanced conversational skills. **Required:** purchase *Practical Spanish Grammar, A Self-Teaching Guide*, by Marcial Prado. *No class 11/11, 11/25.*

Instructor	Location	Day/Time	Dates	Fee
Ronmel Rangel	DHS Room 216	WE 7:35PM-9:05PM	9/9-12/2	**$126**/$136

Factory 3

Factory 3®

Clothes Mending Workshop

Learn a new skill, save money, and help the planet in this 3-hour textile mending class.

Instructor	Location	Day/Time	Dates	Fee
Eleanor Cox	Factory 3	SU 4:30PM-7:30PM	9/20	**$110**/$120
Eleanor Cox	Factory 3	SU 4:30PM-7:30PM	11/15	**$110**/$120

Darning Knits: Decorative Repair Techniques

Learn how to decoratively patch holes in your most beloved knit items.

Instructor	Location	Day/Time	Dates	Fee
Eiligh Orff	Factory 3	TU 2:00PM-5:00PM	11/3	**$95**/$105
Eiligh Orff	Factory 3	TU 2:00PM-5:00PM	12/1	**$95**/$105

Garment Sewing: Make Your Own Piece

Put your sewing skills into practice by completing a wearable garment in one session.

Instructor	Location	Day/Time	Dates	Fee
Eleanor Cox	Factory 3	TU 3:00PM-8:00PM	10/20	**$160**/$170

Intro to Hand Stitching

Learn essential hand-sewing skills and put them to use making a needle case for your tools.

Instructor	Location	Day/Time	Dates	Fee
Lily Herb	Factory 3	SU 1:00PM-5:00PM	10/4	**$125**/$135
Lily Herb	Factory 3	SU 1:00PM-5:00PM	11/1	**$125**/$135
Lily Herb	Factory 3	SU 1:00PM-5:00PM	12/6	**$125**/$135

Intro to Quilting

Learn the steps to make a small quilt from start to finish. Emphasis on completion, not perfection.

Instructor	Location	Day/Time	Dates	Fee
Travis Clough	Factory 3	TH 6:00PM-8:00PM	10/1-10/22	**$245**/$255

Intro to Sewing

Learn the basics of cutting fabric, using a sewing machine, and the stitches available on most machines.

Instructor	Location	Day/Time	Dates	Fee
Multiple	Factory 3	SU 1:00PM-5:00PM	9/13	**$130**/$140
Multiple	Factory 3	SA 10:00AM-2:00PM	9/19	**$130**/$140
Multiple	Factory 3	TU 4:00PM-8:00PM	9/22	**$130**/$140
Multiple	Factory 3	SA 10:00AM-2:00PM	10/3	**$130**/$140
Multiple	Factory 3	SU 1:00PM-5:00PM	10/11	**$130**/$140
Multiple	Factory 3	SA 10:00AM-2:00PM	10/17	**$130**/$140
Multiple	Factory 3	TU 4:00PM-8:00PM	10/27	**$130**/$140
Multiple	Factory 3	SA 10:00AM-2:00PM	11/7	**$130**/$140
Multiple	Factory 3	SU 1:00PM-5:00PM	11/8	**$130**/$140
Multiple	Factory 3	SA 10:00AM-2:00PM	11/21	**$130**/$140
Multiple	Factory 3	SA 10:00AM-2:00PM	12/5	**$130**/$140

Sewing 2: Seams & Stitching Techniques

Continue from Intro to Sewing to learn the basics of seams and finishes.

Instructor	Location	Day/Time	Dates	Fee
Multiple	Factory 3	SU 11:00AM-3:00PM	9/20	**$135**/$145
Multiple	Factory 3	SA 3:00PM-7:00PM	10/3	**$135**/$145
Multiple	Factory 3	SU 11:00AM-3:00PM	10/18	**$135**/$145
Multiple	Factory 3	SA 3:00PM-7:00PM	11/7	**$135**/$145
Multiple	Factory 3	SU 11:00AM-3:00PM	11/15	**$135**/$145
Multiple	Factory 3	SA 3:00PM-7:00PM	12/5	**$135**/$145

Sewing 3: Patterns and Construction

Continue after Sewing 2, learn how to read, understand and follow sewing patterns with confidence.

Instructor	Location	Day/Time	Dates	Fee
Eleanor Cox	Factory 3	TU 3:00PM-7:00PM	10/13	**$135**/$145
Eleanor Cox	Factory 3	TU 3:00PM-7:00PM	12/8	**$135**/$145

Photo courtesy of Factory 3.

Intro to Weaving

Learn the basics of hand weaving in this 4-hour class.

Instructor	Location	Day/Time	Dates	Fee
Margaret B. Russell	Factory 3	SA 10:00AM-2:00PM	9/12	**$150**/$160
Margaret B. Russell	Factory 3	SA 10:00AM-2:00PM	11/14	**$150**/$160

Intro to Peg Loom Weaving

Explore the ancient and versatile art of peg loom weaving.

Instructor	Location	Day/Time	Dates	Fee
Margaret B. Russell	Factory 3	SA 10:00AM-2:00PM	11/28	**$130**/$140

Peg Loom Weaving Workshop

Delve into an ancient skill known as peg loom weaving and create a cozy seat cushion.

Instructor	Location	Day/Time	Dates	Fee
Margaret B. Russell	Factory 3	SA 10:00AM-4:00PM	9/26	**$165**/$175

Factory 3 class cancellation policy: https://factory3.org/class-cancellation-policy.

Factory 3 *(continued)*

Color Theory: Mixing with Watercolors
Explore the uniqueness of watercolors by learning color theory, blending, and glazing.

Instructor	Location	Day/Time	Dates	Fee
Audrey Parker	Factory 3	SU 5:30PM-8:30PM	10/4	**$70**/$80
Audrey Parker	Factory 3	SU 5:30PM-8:30PM	12/6	**$70**/$80

Craft Project Night
Start to finish, a project you can complete in one class.

Instructor	Location	Day/Time	Dates	Fee
Dana Falsetta	Factory 3	MO 5:30PM-7:30PM	9/28	**$70**/$80
Dana Falsetta	Factory 3	MO 5:30PM-7:30PM	10/26	**$70**/$80
Dana Falsetta	Factory 3	MO 5:30PM-7:30PM	11/23	**$70**/$80

Intro to Acrylic Painting
Begin your painting journey with popular, versatile acrylics.

Instructor	Location	Day/Time	Dates	Fee
Kelsey Grass	Factory 3	MO 5:30PM-8:30PM	9/14-9/21	**$150**/$160
Kelsey Grass	Factory 3	MO 5:30PM-8:30PM	10/12-10/19	**$150**/$160
Kelsey Grass	Factory 3	MO 10:00AM-1:00PM	11/9-11/16	**$150**/$160

Intro to Drawing
Learn how to draw what you see using shape, form, light, and shadow.

Instructor	Location	Day/Time	Dates	Fee
Kelsey Grass	Factory 3	MO 2:00PM-5:00PM	9/14	**$70**/$80
Kelsey Grass	Factory 3	SA 10:00AM-1:00PM	10/3	**$70**/$80
Kelsey Grass	Factory 3	MO 2:00PM-5:00PM	10/12	**$70**/$80
Kelsey Grass	Factory 3	SA 10:00AM-1:00PM	11/7	**$70**/$80
Kelsey Grass	Factory 3	MO 2:00PM-5:00PM	11/9	**$70**/$80
Kelsey Grass	Factory 3	SA 10:00AM-1:00PM	12/5	**$70**/$80

Intro to Stained Glass
Learn the basics of stained glass and create your own suncatcher to take home with you.

Instructor	Location	Day/Time	Dates	Fee
Kat Buccelli	Factory 3	MO 4:30PM-9:00PM	9/28	**$180**/$190
Kat Buccelli	Factory 3	MO 4:30PM-9:00PM	10/5	**$180**/$190
Kat Buccelli	Factory 3	MO 4:30PM-9:00PM	10/26	**$180**/$190
Kat Buccelli	Factory 3	MO 4:30PM-9:00PM	11/2	**$180**/$190
Kat Buccelli	Factory 3	MO 4:30PM-9:00PM	11/23	**$180**/$190
Kat Buccelli	Factory 3	MO 4:30PM-9:00PM	12/7	**$180**/$190

Intro to Watercolors
Build basic watercolor skills with your own themes — landscapes, still lifes, portraits, or whatever else you want to paint.

Instructor	Location	Day/Time	Dates	Fee
Audrey Parker	Factory 3	WE 6:00PM-8:00PM	10/7-10/28	**$185**/$195

Landscapes in Watercolor
Learn the basics of watercolor painting and bring your memories to life.

Instructor	Location	Day/Time	Dates	Fee
Audrey Parker	Factory 3	WE 5:30PM-8:30PM	9/9-9/16	**$135**/$145
Audrey Parker	Factory 3	WE 5:30PM-8:30PM	11/4-11/11	**$135**/$145

Factory 3 class cancellation policy: https://factory3.org/class-cancellation-policy.

Portraiture for Beginners
Explore the intricacies of portraiture and facial features with mixed media materials.

Instructor	Location	Day/Time	Dates	Fee
Audrey Parker	Factory 3	SU 5:30PM-8:30PM	9/13-9/20	**$135**/$145
Audrey Parker	Factory 3	SU 5:30PM-8:30PM	11/1-11/8	**$135**/$145

Sketching and Watercolors
A new look at objects: learn the basics of both sketching and watercolors to enhance your paintings.

Instructor	Location	Day/Time	Dates	Fee
Audrey Parker	Factory 3	WE 5:30PM-8:30PM	9/23-9/30	**$135**/$145
Audrey Parker	Factory 3	WE 5:30PM-8:30PM	12/2-12/9	**$135**/$145

Intro to 3D Printing
Design and make functional objects with filament 3D printing.

Instructor	Location	Day/Time	Dates	Fee
Lee Rusiecki	Factory 3	SA 10:00AM-1:00PM	10/3	**$110**/$120
Lee Rusiecki	Factory 3	SA 10:00AM-1:00PM	11/7	**$110**/$120
Lee Rusiecki	Factory 3	SA 10:00AM-1:00PM	12/5	**$110**/$120

Intro to Resin 3D Printing
Learn to use resin 3D printer to make extremely fine detail functional or decorative objects.

Instructor	Location	Day/Time	Dates	Fee
Lee Rusiecki	Factory 3	SU 10:00AM-1:00PM	9/20	**$110**/$120
Lee Rusiecki	Factory 3	SU 10:00AM-1:00PM	10/18	**$110**/$120
Lee Rusiecki	Factory 3	SU 10:00AM-1:00PM	11/15	**$110**/$120

Intro to Programming Using Python
Learn the fundamentals of Python coding in this hands-on, beginner-friendly workshop.

Instructor	Location	Day/Time	Dates	Fee
TBD	Factory 3	SA 10:00AM-2:00PM	11/28	**$130**/$140

Intro to Raspberry PI and Arduino Devices
Learn to program your own powerful, affordable Raspberry Pi or Arduino device.

Instructor	Location	Day/Time	Dates	Fee
TBD	Factory 3	SA 10:00AM-1:00PM	10/24	**$110**/$120

Intro to Laser Cutting
Learn how a laser cutter works, what materials can be cut with it, and how it can expand your making skills and engrave your artwork.

Instructor	Location	Day/Time	Dates	Fee
Isaac Atkins	Factory 3	SA 2:00PM-5:00PM	9/19	**$110**/$120
Isaac Atkins	Factory 3	SA 2:00PM-5:00PM	10/17	**$110**/$120
Isaac Atkins	Factory 3	SA 2:00PM-5:00PM	11/21	**$110**/$120

Intro to Metal Lathe
Learn how to turn, thread, and bore metal parts with Factory 3's classic South Bend lathe.

Instructor	Location	Day/Time	Dates	Fee
Daniel Gill	Factory 3	SA 10:00AM-2:00PM	11/7	**$215**/$225

Intro to Bridgeport Milling Machine
Learn how to make metal parts with Factory 3's classic Bridgeport milling machine.

Instructor	Location	Day/Time	Dates	Fee
Daniel Gill	Factory 3	SA 10:00AM-2:00PM	10/3	**$215**/$225
Daniel Gill	Factory 3	SA 10:00AM-2:00PM	12/5	**$215**/$225

Factory 3 *(continued)*

Intro to Welding
Learn the basics of MIG welding, a common, easy to learn type of welding widely used in construction, sculpture, and everyday items.

Instructor	Location	Day/Time	Dates	Fee
B. Cormier, A. Putman	Factory 3	SA 10:00AM-1:30PM	9/12	**$180**/$190
B. Cormier, A. Putman	Factory 3	WE 5:30PM-9:00PM	9/16	**$180**/$190
B. Cormier, A. Putman	Factory 3	WE 5:30PM-9:00PM	10/7	**$180**/$190
B. Cormier, A. Putman	Factory 3	SA 10:00AM-1:30PM	10/10	**$180**/$190
B. Cormier, A. Putman	Factory 3	WE 5:30PM-9:00PM	10/21	**$180**/$190
B. Cormier, A. Putman	Factory 3	WE 5:30PM-9:00PM	11/4	**$180**/$190
B. Cormier, A. Putman	Factory 3	SA 10:00AM-1:30PM	11/14	**$180**/$190
B. Cormier, A. Putman	Factory 3	WE 5:30PM-9:00PM	11/18	**$180**/$190
B. Cormier, A. Putman	Factory 3	WE 5:30PM-9:00PM	12/2	**$180**/$190

Welding 2
Take your welding skills to the next level from our Intro to Welding class in this 4-hour workshop.

Instructor	Location	Day/Time	Dates	Fee
Aaron Putnam	Factory 3	SA 3:00PM-7:00PM	9/12	**$190**/$200
Aaron Putnam	Factory 3	SA 3:00PM-7:00PM	10/10	**$190**/$200
Aaron Putnam	Factory 3	SA 3:00PM-7:00PM	11/14	**$190**/$200

Intro to Woodshop
Learn the basics of woodworking in a safe, encouraging environment.

Instructor	Location	Day/Time	Dates	Fee
E. Dunder, M. Stewart	Factory 3	TU 9:00AM-1:00PM	9/15	**$170**/$180
E. Dunder, M. Stewart	Factory 3	TU 9:00AM-1:00PM	9/29	**$170**/$180
E. Dunder, M. Stewart	Factory 3	SA 10:00AM-2:00PM	10/3	**$170**/$180
E. Dunder, M. Stewart	Factory 3	TU 9:00AM-1:00PM	10/27	**$170**/$180
E. Dunder, M. Stewart	Factory 3	TU 9:00AM-1:00PM	10/13	**$170**/$180
E. Dunder, M. Stewart	Factory 3	TU 9:00AM-1:00PM	11/10	**$170**/$180
E. Dunder, M. Stewart	Factory 3	SA 10:00AM-2:00PM	11/14	**$170**/$180
E. Dunder, M. Stewart	Factory 3	TU 9:00AM-1:00PM	12/8	**$170**/$180

Intro to Wood Carving
Learn to use a router, a versatile tool to make clean, consistent joints and edges.

Instructor	Location	Day/Time	Dates	Fee
Mark Reynolds	Factory 3	TU 6:00PM-9:00PM	9/8	**$95**/$105
Mark Reynolds	Factory 3	TU 6:00PM-9:00PM	10/13	**$95**/$105
Mark Reynolds	Factory 3	TU 6:00PM-9:00PM	11/10	**$95**/$105
Mark Reynolds	Factory 3	TU 6:00PM-9:00PM	12/8	**$95**/$105

Intro to Wood Router
Learn to use a router, a versatile tool to make clean, consistent joints and edges.

Instructor	Location	Day/Time	Dates	Fee
Mark Stewart	Factory 3	TH 6:00PM-8:00PM	9/17	**$85**/$95
Mark Stewart	Factory 3	TH 6:00PM-8:00PM	12/10	**$85**/$95

Hand-Cut Dovetails
Learn to make strong, elegant joints for your woodworking projects.

Instructor	Location	Day/Time	Dates	Fee
Sonja Bergquist	Factory 3	TU 5:00PM-8:00PM	10/20-11/10	**$445**/$455

Lathe Turning Class: Bowls
Learn the basics of lathe turning to make unique, attractive bowls.

Instructor	Location	Day/Time	Dates	Fee
Paloma Diaz-Dickson	Factory 3	WE 6:00PM-9:00PM	9/9-9/23	**$440**/$450

Woodworking Project
Make a different useful, unique project every month in one, 3-hour class.

Instructor	Location	Day/Time	Dates	Fee
Mark Stewart	Factory 3	SU 2:00PM-5:00PM	9/13	**$120**/$130
Mark Stewart	Factory 3	SU 2:00PM-5:00PM	10/11	**$120**/$130
Mark Stewart	Factory 3	SU 2:00PM-5:00PM	11/8	**$120**/$130

Photo courtesy of Factory 3.

Creative Writing
Hone your craft and connect with other writers in this cross-genre class.

Instructor	Location	Day/Time	Dates	Fee
Kathryn Amato	Factory 3	TU 6:30PM-8:30PM	10/6	**$50**/$60
Kathryn Amato	Factory 3	TU 6:30PM-8:30PM	11/3	**$50**/$60
Kathryn Amato	Factory 3	TU 6:30PM-8:30PM	12/1	**$50**/$60

Creative Writing Deep Dive
Expand your 6 writing skills and connect with other writers in this 4-week cross-genre class.

Instructor	Location	Day/Time	Dates	Fee
Kathryn Amato	Factory 3	TH 6:30PM-8:30PM	10/1-10/22	**$130**/$140

Fiction Writing Workshop
Connect with fellow writers and sharpen your skills in crafting fiction in this 4 week workshop

Instructor	Location	Day/Time	Dates	Fee
Kathryn Amato	Factory 3	TH 6:30PM-8:30PM	11/5-12/3	**$130**/$140

Launching a Podcast
Launch your podcast: from idea to Episode One.

Instructor	Location	Day/Time	Dates	Fee
Nathan Tower	Factory 3	WE 6:00PM-8:00PM	9/9	**$100**/$110
Nathan Tower	Factory 3	WE 6:00PM-8:00PM	10/14	**$100**/$110
Nathan Tower	Factory 3	WE 6:00PM-8:00PM	11/11	**$100**/$110
Nathan Tower	Factory 3	SU 1:00PM-3:30PM	11/15	**$100**/$110
Nathan Tower	Factory 3	WE 6:00PM-8:00PM	12/9	**$100**/$110

Enrichment

PAE Academics

Sharpening math skills, preparing for college, learning English: PAE's academic programs help students reach their specific goals at the most appropriate skill level.

Our **Language Arts and Math** programs focus on improving reading, writing, and math skills as students work toward a High School Diploma, HiSET, or college readiness. **ESOL classes** at a variety of levels help students to improve their English for better jobs, higher academic achievement, or to more fully participate in the community.

PAE Academics: ESOL

English for Speakers of Other Languages (ESOL)

We offer approximately **45 English classes** for students learning or improving their English.

- Morning, afternoon, and evening sessions available
- Levels Beginning through Level 6 (advanced)
- Starting at Level 5, students may also enroll in English Language Arts classes
- Most courses meet twice a week (Monday/Wednesday or Tuesday/Thursday) for 2.5 hours
- Some courses are online, and some in-person

New students and those returning after a year or more need a new student placement test. Call PAE now for more information: (207) 874-8155.

Registration for Fall 2026

- Current students in ESOL Levels 1 and 2: **August 25th**
- Current students in ESOL Level 3: **August 20th**
- Current students in ESOL Levels 4 and 5: **August 10th, via a form through your PAE email**
- Students on the **ESOL Waitlist** will be contacted about the availability of spaces starting on **August 24th.**

ESOL Classes

Citizenship Test Preparation

We are not offering a course in the Fall of 2026, but plan to offer it in the Winter 2027 term.

The course will prepare students to take the U.S. citizenship exam. Topics include U.S. history and government and reading and writing vocabulary needed to pass the exam. Students will also learn to understand the questions and vocabulary on the naturalization application. Each student will have the option of receiving a citizenship tutor after the class ends. The class is designed for students in ESOL 3 and ESOL 4 who are eligible to send their N-400 application to immigration within a year.

Students who want to prepare in the fall trimester or who can't attend this class in January will have the option of requesting a **PAE citizenship tutor** to practice the material. **Book Fee: $20.00**

PAE Academics: Math & Science

PAE math students learn to be flexible with numbers and often appreciate the change from the rigid, take-it-or-leave-it methods they first learned. Students are free to make mistakes, explore, and choose the method that works best for them.

Registration begins on August 18, 2026.

Math & Science

Whole Numbers

This course will help students become comfortable solving problems with whole numbers using basic operations, and strengthen a student's number sense. **Book Fee: $20**

Instructor	Location	Day/Time	Dates	Fee
Maryann Kurdyla	PAE Room 5	TU/TH 9:00AM-11:30AM	9/8-12/10	**$0**/$0

Fractions

This course will help students understand common fractions, decimals, and percents so they can use them within their day-to-day life. Fraction equivalents, as well as math operations with fractions, will all be covered in this class. **Book Fee: $20**

Instructor	Location	Day/Time	Dates	Fee
David Santoro	PAE Room 5	TU/TH 12:00PM-2:30PM	9/8-12/10	**$0**/$0

Decimals

This course will help students understand decimal numbers and how they relate to fractions and percents. Basic operations will be covered. **Book Fee: $20**

Instructor	Location	Day/Time	Dates	Fee
Carol Hager	PAE Room 4	TU/TH 12:00PM-2:30PM	9/8-12/10	**$0**/$0
Diane Kaneza	PAE Room 4	TU/TH 6:00PM-8:30PM	9/8-12/10	**$0**/$0

Ratios/Measurement

This course will develop ratio and proportional thinking and reinforce fraction and percent skills. Students will also explore measurement in both customary and metric units. **Book Fee: $20**

Instructor	Location	Day/Time	Dates	Fee
Jen Jackson	PAE Room 5	M/W 9:00AM-11:30AM	9/9-12/9	**$30**/$40

Algebra A

This course introduces students to algebraic problem solving including integer operations, exponent properties, solving multistep equations and inequalities. **Book Fee: $20**

Instructor	Location	Day/Time	Dates	Fee
Carol Hager	PAE Room 4	TU/TH 9:00AM-11:30AM	9/8-12/10	**$30**/$40
Carol Hager	Remote	M/W 12:00PM-2:30PM	9/9-12/9	**$30**/$40

Photo courtesy of Molly Haley.

***All students are required to have home internet access for remote and hybrid classes.*

Visit portlandadulted.org to view full descriptions and register!

Math & Science *(continued)*

Geometry

This course is taught in two parts. Shapes, angles, area, volume, and perimeter are taught in the first half of the class. Coordinate geometry, including, plotting equations, slope, and parallel and perpendicular lines in the second part. **Book Fee: $20**

Instructor	Location	Day/Time	Dates	Fee
Christel Driscoll	PAE Room 4	M/W 9:00AM-11:30AM	9/9-12/9	**$30**/$40

Photo courtesy of Molly Haley.

Algebra B

This course continues building from Algebra A and includes topics such as quadratic equations, systems of equations and probability. **Book Fee: $20**

Instructor	Location	Day/Time	Dates	Fee
David Santoro	PAE Room 5	TU/TH 6:00PM-8:30PM	9/8-12/10	**$30**/$40

Intro to Statistics

This course will introduce students to descriptive statistics and will involve data collection, organization and analysis. All students are required to have home internet access. **Book Fee: $20**

Instructor	Location	Day/Time	Dates	Fee
Solomon Nkhalamba	PAE Room 4	M/W 6:00PM-8:30PM	9/9-12/9	**$30**/$40

Readings in Health Science Credit: Science or English

Learn about topics in the Health Sciences while developing your reading skills and vocabulary.*

Instructor	Location	Day/Time	Dates	Fee
Carolyn Lancia	PAE Room B	TU 12:00PM-2:30PM	9/8-12/8	**$30**/$40

General Science

Learn many aspects of science, such as atomic theory, scientific method, Newton's Laws, cells, and ecosystems. *Online work required outside of class*

Instructor	Location	Day/Time	Dates	Fee
Carolyn Lancia	PAE Room 10	TU 6:00PM-8:30PM	9/8-12/8	**$30**/$40

Have a Class You Want to Teach?

WE WANT YOU!

Share your unique talents and passion with the Portland Community.

To share your ideas and learn more, please contact us at adulted@portlandschools.org or call (207) 874-8155.

**All students are required to have home internet access for remote and hybrid classes.*

PAE Academics: Language Arts

- Advance your reading and writing skills
- Get help applying for scholarships
- Earn credits toward your High School Diploma or build skills for the HiSET test
- Prepare for college or career through our College Transitions Program (and avoid paying for remedial courses at college that don't give college credit)
- Courses require the use of Google Classroom and independent online work outside of class time.

Registration Information

- Registration begins August 18, 2026.
- If you are a new student or have been away from PAE for over a year, call now to make an appointment for a placement test!

English Language Arts Levels at PAE for High School Diploma and College Prep

Level 100 Required for completion of the High School Diploma program
Level 200 Continued college preparation
Level 300 College-ready in English language skills

Level 5+

Readings in Social Studies Credit: Social Studies or English

Learn about misinformation on the Internet, globalization, and world geography. Students will do weekly reading and writing assignments.*

Instructor	Location	Day/Time	Dates	Fee
Heather Moore Wood	Remote	MO 6:00PM-8:30PM	9/14-12/7	**$30**/$40

Readings in Health Science Credit: Science or English

Learn about topics in the Health Sciences while developing your reading skills and vocabulary.*

Instructor	Location	Day/Time	Dates	Fee
Carolyn Lancia	PAE Room B	TU 12:00PM-2:30PM	9/8-12/8	**$30**/$40

Academic Writing Credit: English

Learn key grammar concepts and organization of ideas in academic texts; practice them through writing assignments about selected academic readings. Monday remote, Wednesday face-to-face.*

Instructor	Location	Day/Time	Dates	Fee
Rochelle Yanike Hale	PAE Room B/Hybrid	M/W 12:00PM-2:30PM	9/9-12/9	**$30**/$40

Do you want to...

- Earn your High School Diploma or pass the high school equivalency HiSET Test?
- Improve your math, reading, and writing skills for a job?
- Prepare for college?

For **HiSET exam preparation**, contact
Heidi Davidson at **davidh@portlandschools.org**

For **diploma completion & college preparation**, contact
Anja Hanson at **hansoa@portlandschools.org**

Visit portlandadulted.org to view full descriptions and register!

Level 100

ELA Level 100 Credit: English

Improve your ability to read informational and narrative texts and build your academic vocabulary; improve your ability to respond academically in speaking and in writing. A good course for your High School Diploma or to prepare you for the College Transitions program.*

Book Fee: $30.00

Instructor	Location	Day/Time	Dates	Fee
Christina Correnti	PAE Room B	M/W 9:00AM-11:30AM	9/9-12/9	**$30**/$40
Ann Hall	PAE Room B	WE 6:00PM-8:30PM	9/9-12/9	**$30**/$40
Alison Perkins	Remote	TH 6:00PM-8:30PM	9/10-12/10	**$30**/$40

US History

Investigate a few key periods in U.S. History and improve your ability to read and write about advanced academic texts. Think deeply about whether and how the U.S. has lived up to its ideals of liberty, equality, rights, democracy, and opportunity.*

Instructor	Location	Day/Time	Dates	Fee
Sarah Norsworthy	PAE Room 3	TU/TH 12:00PM-2:30PM	9/8-12/10	**$30**/$40

Level 200

ELA Level 200

Improve your ability to read and write informational texts and build your academic vocabulary; learn how to write organized academic paragraphs and essays. Part of our College Transitions program.* **Book Fee: $30.00**

Instructor	Location	Day/Time	Dates	Fee
Alison Perkins	PAE Room B	TU 9:00AM-11:30AM	9/8-12/8	**$30**/$40

Level 300

Intro to College Writing

Create focused, well-developed essays so that you will be ready for college. You'll also learn how to write a strong application for a scholarship.*

Instructor	Location	Day/Time	Dates	Fee
Briana Bizier	PAE Room 5/Hybrid	WE 6:00PM-8:30PM	9/9-12/9	**$30**/$40

Maine Adult Education Association

Additional adult educational opportunities are available by visiting the Maine Adult Education website at: maineadulted.org

MAEA Maine Adult Education Association

*All students are required to have home internet access for remote and hybrid classes.

College & Career Access Program

We can help you achieve your goal of **succeeding in college!** Develop a plan with an advisor to prepare for college.

To be eligible for the program, **you must have a high school diploma or high school equivalency**.

The College & Career Access Program Includes:

- Classes to improve essential academic skills
- Placement testing in reading & math
- Academic advising

For more info or to schedule an appointment with an advisor, **call (207) 842-4611** or email: **hansoa@portlandschools.org**

"At 44, I never, ever thought I would be going back to school and on to college. I give credit to my friends, family, and all the staff that have helped me along the way. I'm living proof that anyone can achieve their dreams and then some."

— Philip L., Class of 2024

New Student Testing for Language Arts or Math

To sign up for any of our Academic courses (Language Arts, Math, Science, or History/Social Studies), **you will need either a teacher recommendation OR an interview and placement test with a teacher.**

Call (207) 874-8155 to make an appointment for new student testing. The appointment will take about 2 hours.

- Please be prepared to register and pay for your course immediately following the appointment.
- If you have ACCUPLACER scores, please bring them to the appointment with you.

We want to place you in the right course...
Call now for an appointment to find out your level!

Workforce

PAE Workforce Training

PAE offers training programs that run on semester and trimester length schedules. These programs are designed to support participants as they prepare to enter the workforce for the first time, re-enter the workforce after time away, or transition to a new career.

The application process begins a few months before classes start to ensure students have enough time to complete testing, attend a program interview, secure funding (often with our assistance), and adjust their current work schedules, if necessary.

Programs offered throughout the year include:

Semester I programs (September 8, 2026 - January 29, 2027):

- **Medical Assistant Pre-Apprenticeship**
- **Supported CNA**
- **Healthcare Office**
- **Trades: HVAC**

Trimester I programs (September 8, 2026 - December 11, 2026):

- **English for Career Preparation**
- **Bridge to Workforce**

Semester II programs (February 1, 2027 - June 23, 2027):

- **Medical Assistant Pre-Apprenticeship Online**
- **Supported CNA Hybrid**
- **Healthcare Office Online**
- **Trades: Construction**
- **Teller Training**

Trimester II programs (January 4, 2027 - March 26, 2027):

- **English for Career Preparation**
- **Early Childhood Care & Education Pre-apprenticeship (runs trimester II and III)**

Trimester III programs (April 4, 2027 - June 23, 2027):

- **Bridge to Workforce**

Applications for Semester I and Trimester I close on August 13, 2026.

Applications for Semester II and Trimester II will open in November.

Fall 2026 Workforce Training

Intro to QuickBooks® Online

This course uses QuickBooks accounting software. It will cover areas including setting up an accounting system, accounts receivable and payable reconciliation, and financial statement generation.

Instructor	Location	Day/Time	Dates	Fee
Deb Seigars	Online	TU 6:00PM-8:00PM	9/15-10/20	**$89**/$99
Deb Seigars	Online	M/W 5:30PM-7:30PM	10/12-10/28	**$89**/$99

Intro to Public Speaking

The goal of Introduction to Public Speaking and Communications is to provide caring, professional, and patient instruction, forging successful confidence-building. You will learn why we get uncomfortable "on stage" and attain proven techniques to be a better communicator. You will receive candid feedback in a trusting environment. Whether you are preparing for a job interview or simply wish to become a more confident communicator, this course is for you. *No class 10/12, last class is on Wednesday 10/21.*

Instructor	Location	Day/Time	Dates	Fee
Steve Alpren	DHS Room 207	MO 6:00PM-8:00PM	9/14-10/21	**$100**/$110

Writing, Communications and Workplace Culture

This course is designed for students planning to go into a public facing professional career. Students will learn: The difference between informal and formal writing, including client email, Persuasive writing techniques, Identifying audience and writing for them, Common greetings and courtesy in the workplace, Handling conflict with co-workers, De-escalation techniques, Addressing and making requests to supervisors, Phone skills, Communication culture in workplace (email and documentation), and Workplace culture including dress code, punctuality and professionalism.

Instructor	Location	Day/Time	Dates	Fee
Kristin Rieff	PAE Room 7	M/W 9:00AM-11:30AM	9/9--11/4	**

Digital Skills for Learning and Work

This course covers the foundational skills needed to feel comfortable using computers and to increase digital literacy skills: keyboarding; email; internet use; using Google Drive to create documents, spreadsheets, and presentations; social media; Google Classroom; online meeting technology. It is appropriate for English Language Learners at ESOL level 4 and above as well as native English Speakers.

Instructor	Location	Day/Time	Dates	Fee
Trace Salter	PAE Room 10	M/W 3:00PM-5:30PM	9/9-12/9	**

Scholarships Available!

Don't let the cost of tuition be a barrier to your growth.

For more information, please email:
paeworkforce@portlandadulted.org

***Please contact the office to apply and for tuition and scholarship information.*

Visit portlandadulted.org/programs/workforce-training to learn more and register!

Workforce

New Mainers Resource Center

Photo courtesy of Molly Haley.

The New Mainers Resource Center is designed to help internationally trained professionals and immigrants enter the U.S. workforce.

The New Mainers Resource Center (NMRC), located at Portland Adult Education, serves immigrants, refugees, and employers statewide. We work with internationally trained professionals who have university-level experience from their home country, as well as immigrants with work experience in the trades (electricians, plumbers, welders, etc.). We provide advising and case management, referrals to job readiness programs, connections to employment and networking opportunities, and other services designed to support New Mainers of all professions overcome barriers to enter the U.S. workforce and thrive.

Services include:

- Career guidance and case management
- Development and implementation of individualized professional career or educational plans
- Assistance with the credential review process and Maine licensing requirements
- Employer connections and professional networking
- Job search skills
- Referral and coordination with other services, training and educational programs

NMRC provides financial assistance with credential evaluations and professional licensing.

Contact us to learn what we can do for you! Visit our website, send us an email, or scan the QR code to get in touch:

nmrcmaine.org | **nmrc@portlandschools.org**

Friends of Portland Adult Education

The mission of Friends of Portland Adult Education (FPAE) is to **find innovative ways to help adult learners reach their educational and employment goals.** We are extremely grateful to the individuals, corporations, private foundations, volunteers, and partners that have made these projects possible:

- Improved student placement process to reduce the waiting list
- Established a Tuition Assistance Program for PAE courses
- Supported highly skilled immigrants to prepare for their careers in Maine
- Secured funding for technology upgrades for teachers and classrooms
- Encourage and support staff development

Friends of Portland Adult Education is a 501(c)(3) organization that supports the efforts of Portland Adult Education.

To donate, please visit our website at www.friendsofpae.org or contact Rob Wood by email at friendsofpae@gmail.com.

PAE Registration Form

Mail or fax completed registration form to:

Portland Adult Education
14 Locust Street, Portland, ME 04101
Phone: (207) 874-8155 Fax: (207) 773-0151

STUDENT INFORMATION

Name: _____

Address: _____ City: _____ Zip: _____

Home Phone: _____ Other Phone: _____ Birth Date: _____

Email Address: _____

COURSE INFORMATION

Course Name	Date/Time	Fee

PAYMENT METHOD **TOTAL:** _____

☐ Check (payable to PAE) ☐ MasterCard ☐ Visa

Card #: _____ Expiration Date: _____

Cardholder Signature: _____

Locations

Classes will be offered in-person, online, or both (hybrid). **Use the map below** to find the location of your in-person class.

A. Portland Adult Education (**PAE**)
Cathedral School, 14 Locust St.

B. Deering High School (**DHS**)
370 Stevens Avenue

C. Lincoln Middle School (**LMS**)
522 Stevens Avenue

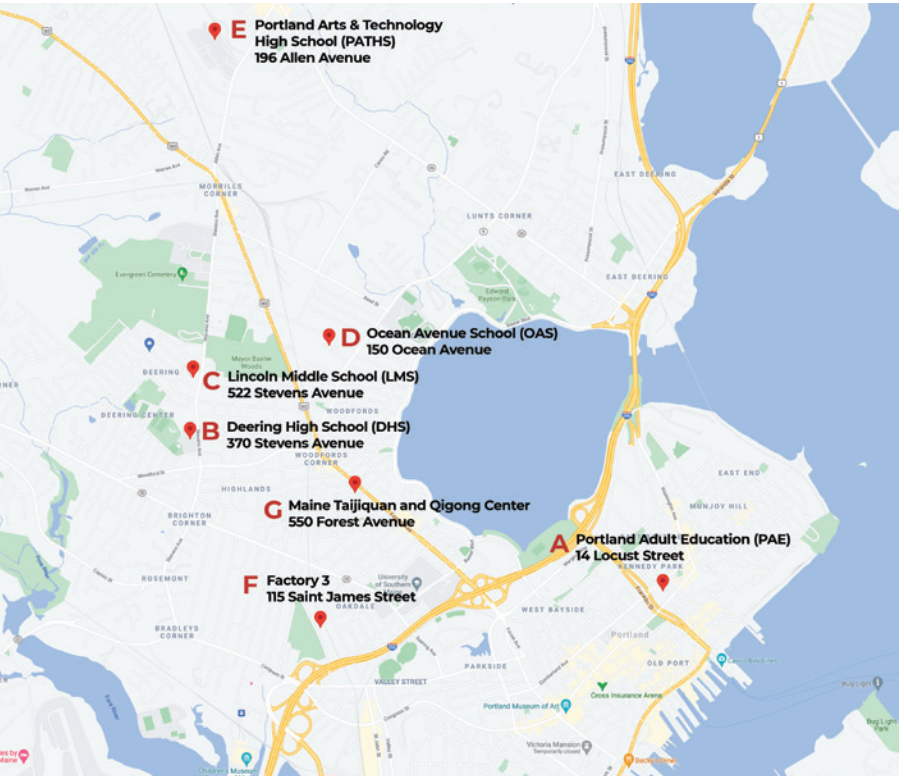
D. Ocean Avenue School (**OAS**)
150 Ocean Avenue

E. Portland Arts & Technology High School (**PATHS**)
196 Allen Avenue

F. **Factory 3**
105 St. James Street

G. Maine Taijiquan and Qigong Center (**MTQG**)
550 Forest Avenue

PORTLAND ADULT EDUCATION
academics | enrichment | workforce



Portland Adult Education
A Division of Portland Public Schools
14 Locust Street
Portland, ME 04101

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