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## COURSE CATALOG SPRING 2026

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# **New Beginnings.**

Register now for our Spring Semester!

[www.portlandadulthood.org](http://www.portlandadulthood.org)

*Visit us online for full class descriptions and registration*

## A Letter from Our Director

Welcome to the Spring term at Portland Adult Education! We encourage you to embrace the opportunities for growth, learning, and collaboration that this term brings.

Inside, in the **Enrichment** section, check out our diverse array of music, art, fitness, and language classes. These include ukulele, smartphone photography, line dancing, Italian, and Akasha Yoga, among many others.



From high school completion and college prep to English language development, our **Academic** programs pave the way for your future. And our **Workforce training** programs can equip you with the tools to start a new career or level up in your current role.

And we need your input! PAE is embarking on an exciting **strategic planning process** to help us envision and clarify our future as an organization. One thing we're already clear about is that Portland Adult Education is an essential economic infrastructure for Portland and the region. We welcome **alumni and current students** to participate in this process, guiding PAE into our next exciting chapter. Please call our main office at 874-8155 for more information or email us at [adulted@portlandschools.org](mailto:adulted@portlandschools.org) if you'd like to be involved.

Join us as we learn together with Community, Commitment, and Curiosity at PAE.

Kate Hersom

Interim Executive Director, Portland Adult Education

## Register Now!

### Enrichment registration is open!

See page 18 for information about registering for **Academics classes**.

**REGISTER ONLINE:** Visit [www.portlandadulted.org](http://www.portlandadulted.org) to register and find full descriptions of the courses in the catalog. Registration confirmations are sent via email only.

**BY PHONE:** Call **(207) 874-8155** and please have your credit card information ready.

**BY MAIL:** Complete the **registration form on page 27** and include your credit card information or a check (payable to PAE) and mail to:

Portland Adult Education  
14 Locust Street  
Portland, ME 04101

**IN PERSON:** Come in to the school to register. Please check the website for updated hours.

**FEES:** The registration fees listed reflect pricing for Portland residents (in bold) and non-residents: **Resident**/Non-Resident **\$15/\$25**. All course, lab, and material fees must be paid when you register. A \$10 fee will be added to all agency invoices.

**BOOKS:** Academic and Workforce books should be purchased at 14 Locust Street unless otherwise specified. We do not provide book refunds.

**CLASS LOCATIONS** are listed on the back cover of the catalog. Classes do not meet during school vacations and holidays unless otherwise noted during the first class.

Enrich your life through learning a new skill, trade, or language, either virtually or in-person.

## Enrichment



Photo courtesy of Factory 3.

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Earn your high school diploma, prepare for college, or learn English to prepare for the world.

## Academics



Photo courtesy of Molly Haley.

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Prepare for a new job, re-enter the business world, or integrate your knowledge from another country.

## Workforce



Photo courtesy of Molly Haley.

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We may add new classes to the schedule, so check the website for new listings. Additional information and school policies can be found at [portlandadulted.org](http://portlandadulted.org)

Course and book fees will be fully refunded if a class is canceled. A \$10 fee is withheld if you drop a course at least one business day before the first class. A 50% refund will be issued if you drop after the first class, but before the second class. No refunds are issued for one session classes or after the second class.

Visit [portlandadulted.org](http://portlandadulted.org) to view full descriptions and register!

## PAE Enrichment Program

Enrichment courses provide a mindful approach to improve overall personal wellness. People who take our courses holistically enrich their lives through learning a new skill, trade, or language; meeting new people; and having a positive counterpoint to the everyday demands of life. Our online and in-person programs offer affordable experiences and create new opportunities for Greater Portland residents to learn. **Registration for Enrichment classes is open!**



## Business Courses

### Microsoft Office

This class is intended for the person who has had little practice using Microsoft Products, but with basic digital competency. We will use MS Word to create and edit documents containing images, graphs and hyperlinks. We will use Excel to create and edit basic spreadsheets, using it to calculate and organize data. Everyone will create presentations in PowerPoint, learning to animate text and images and incorporate media like video, music and voice recording. Each student will learn how to use skills they learn about effective presentations to deliver one to the class. We will learn to navigate screens between Google and Microsoft Office. We will learn about Office 365, One Drive file sharing and Teams.

**Prerequisite:** CASAS score 228+ ; Basic Digital Skills required: PAE Course Digital Skills for Learning and Work or teacher approval.

Instructor	Location	Day/Time	Dates	Fee
Trace Salter	PAE Room 9	M/W 9:00AM-11:30AM	4/6-6/24	<b>\$232</b> /\$242

### Intro to QuickBooks® Online

This course uses QuickBooks accounting software. It will cover areas including setting up an accounting system, accounts receivable and payable reconciliation, and financial statement generation.

Instructor	Location	Day/Time	Dates	Fee
Deb Seigars	Remote	M/W 6:00PM-8:00PM	4/27-5/13	<b>\$84</b> /\$94
Deb Seigars	Remote	TU 9:00AM-11:00AM	5/12-6/16	<b>\$84</b> /\$94

## Music, Fine Arts, & Photography

### Ukulele for Beginners

Learn to play the ukulele! It has never been more popular. Here's your chance to find out how to play this wonderfully versatile, go anywhere instrument. Join our no-stress program for some laughs and learning. Bring your sense of humor, a passion for music, and curiosity about playing. Once you master the basics you won't want to stop. So grab a uke, you do not need to read music. Just sign up, tune up and show up. Let your musical journey begin!

Instructor	Location	Day/Time	Dates	Fee
Duncan Perry	Remote	TU 6:00PM-7:30PM	4/28-5/19	<b>\$79</b> /\$89

### Learn to Crochet, A Visual First Workshop

Curious about crochet but not sure where to start? This in-person workshop uses a visual-first approach to teach the structure and symbols behind the craft. Learn foundational stitches and techniques used in most projects while understanding the "why" behind each step—not just how to follow instructions. Registration includes full access to the online course portal. The workshop is optional; the online course is also available independently at: <https://courses.designcrochet.com/partners/crochet-made-simple-with-portland-adult-education>

Instructor	Location	Day/Time	Dates	Fee
Candace Ohm	PATHS Room 141	TH 6:00PM-8:00PM	4/30	<b>\$50</b> /\$60

### Art of Storytelling Workshop 1: Voice and Delivery

Come discover the power of storytelling. Explore craft and delivery in a supportive, workshop led by a local professional storyteller. Through improv warmups, mini lessons, and guided practice, participants build confidence while refining a 2–5-minute story. Designed to help find the heart of your story, this collaborative offering is ideal for anyone looking to have fun and improve skills.

Instructor	Location	Day/Time	Dates	Fee
Matt Gile	DHS Room 216	MO 5:30PM-7:00PM	4/27-5/18	<b>\$75</b> /\$85

### Digital Photography for Newbies (Online)

Are you still getting to know your digital camera and its features? Here's an opportunity to learn from an expert in this seminar for beginners! Have your camera ready and learn when and how to use its special features — such as program mode, manual mode, aperture priority and shutter priority. Also covered will be basic composition and best use of light for different situations, such as plant, people, macro, and landscape photography.

Instructor	Location	Day/Time	Dates	Fee
Steve McGrath	Remote	TU 5:30PM-7:30PM	4/7-4/28	<b>\$89</b> /\$99

### Pet Photography (Online)

This Pet photography course is designed to teach you everything you need to know to take professional-quality Portraits. You will learn how to work with all different types of subjects, from individuals and groups to children and pets. Steve will explain the nuances of lighting and posing, how to shoot in studio or on location, and how to master the gear you will need to create inspiring work! Link will be shared a couple days before the class.

Instructor	Location	Day/Time	Dates	Fee
Steve McGrath	Remote	TU 7:30PM-9:00PM	4/7-4/14	<b>\$59</b> /\$69

### Nature Photography (Online)

In this Nature Photography online class, we will go over camera settings and compositions and how to get great images of Nature's best like moose, birds, seals and other subjects! We will also learn how to set up a blind to get great images, the best lenses for this type of photography and tripods to get the best stability for your images! Link will be shared a couple of days before the class.

Instructor	Location	Day/Time	Dates	Fee
Steve McGrath	Remote	TU 7:30PM-9:00PM	5/5-5/19	<b>\$59</b> /\$69

### Smartphone Photography (Online)

This Class is dedicated to helping you with understanding how to use your smartphone photography, how to take a create great Images on your phone, what editing apps to use, how to share and print your images. Join Steve as we go over how to find out how to use essential controls on your phone along with the best free and low-cost tools for editing and image management. Link will be shared a couple of days before the class.

Instructor	Location	Day/Time	Dates	Fee
Steve McGrath	Remote	TU 7:30PM-9:00PM	5/12-5/26	<b>\$59</b> /\$69

## Have a Class You Want to Teach?

### WE WANT YOU!

Share your unique talents and passion with the Portland Community.

To share your ideas and learn more, please contact us at [adulted@portlandschools.org](mailto:adulted@portlandschools.org) or call (207) 874-8155.

## Fitness & Dance

### Spring Interval Fitness

This interval training class offers three essential fitness components: Cardio, strength training, and stretching to release tension. Participants will engage in interval training, essential for calorie burning and weight loss. Students will engage in multiple actions for short bursts. This class is in person and by Zoom. Instructor will contact students with link and payment information.

Instructor	Location	Day/Time	Dates	Fee
Jessica Lockhart	OAS Gym/Remote	T/TH 5:45PM-6:45PM	4/28-6/11	\$4/\$4

### Functional Fitness

A focus on upper and lower body strength challenged with a resistance band (supplied), balance, coordination, cardiovascular stamina, flexibility, plus a good dose of laughter and community. Strengthening for all levels taught by an experienced (28+yrs) fitness professional. Graduated from PT? This is the perfect place for maintenance! Accessible and challenging for all levels and ages, beginner through athlete. Bring sneakers, mat and a water bottle. [emmaholder.com](http://emmaholder.com).

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	LMS Cafe	T/TH 5:30PM-6:30PM	4/28-5/19	\$25/\$35



### Qigong and Taiji Foundations

Qigong and Taiji foundations consist of breathing, good posture, fluid movements, gentle awareness, and most of all, relaxation and having fun. Anyone of any physical ability can take this class. We sharpen our awareness as we learn to relax and center our mind, and use our core and legs to work more efficiently as we flow through movements. *No class 6/10.*

Instructor	Location	Day/Time	Dates	Fee
Cal Clark	MTQC	WE 10:00AM-11:00AM	4/15-6/17	\$145/\$155

### Evidence Based Qigong and Taiji

EBT is a comprehensive program for beginners that offers a solid foundation for further study in the style of Taiji. The result of Dr. Yang Yang's extensive training with grandmasters of the Chen style and his research studying the mechanisms and benefits of Taijiquan and Qigong practice, you will learn and practice: essential static and dynamic qigong exercises; and a seven-form sequence that is challenging yet adaptable to suit all levels. *No class 6/11.*

Instructor	Location	Day/Time	Dates	Fee
Cal Clark	MTQC	TH 5:15PM-6:15PM	4/16-6/18	\$145/\$155

### Slow Flow Hatha Yoga

This class is a calming, mindful practice where we move with intention, hold poses a bit longer, and ease into deep, therapeutic stretching. This class is perfect for anyone looking to unwind, release tension and build more grounded connection with their body. *This class is held every other week. 4/28, 5/12, 5/26, 6/9.*

Instructor	Location	Day/Time	Dates	Fee
Leighann Morgan	PATHS Room 310	TU 5:30PM-6:30PM	4/28-6/9	\$55/\$65

### Akasha Yoga: A Journey to Your True Self

Come join us for a beautiful and grounding yoga experience that blends slow Vinyasa flow with Akasha energy healing. In this class, you'll be guided through a series of gentle, intentional yoga poses—including heart openers, hip releases, and grounding postures—that are designed to help unblock your energy chakras and reconnect you with your raw, organic self. Each pose is chosen to support energetic release through breath and movement. Restoration of balance in the body and mind.

Instructor	Location	Day/Time	Dates	Fee
Leighann Morgan	PATHS Room 310	TH 5:30PM-6:30PM	4/30-6/4	\$111/\$121

### Cuban Salsa

In this class, students will learn the basics of the Salsa footwork and some simple, fun moves that will get you out on the dance floor. You will learn how to connect with any partner, and build confidence dancing to different styles and tempos and music. Students will be introduced to the famous Salsa Rueda. Partner is recommended.

Instructor	Location	Day/Time	Dates	Fee
Anna Golendukhina	LMS Café	TH 6:30PM-7:30PM	4/30-5/28	\$75/\$85

### Global Dance Party

Joyful movement to music from around the world: Salsa, Merengue, Tango, Swing, Cha Cha, Reggaeton, Bellydance, African and more. For 45 minutes, participants will bust stress, boost energy and burn calories while using traditional and unique moves to fabulous music. Improvisation encouraged, all levels welcome. This course also includes 15 minutes of core work to support your back, your dance, and your life. Bring a mat, sneakers and water bottle. [emmaholder.com/fitness](http://emmaholder.com/fitness).

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	LMS Café	MO 5:30PM-6:30PM	4/27-5/18	\$25/\$35

## Home & Life Skills

### Best Clothing & Makeup Colors

Is your closet full of black-colored clothing? Would you like to learn what other colors look good on you? In this fun interactive class, you'll be draped in a variety of colors to learn about warmer and cooler tones to determine what types of colors look best on you. You'll also receive recommendations for eye shadows, blush and lipsticks, along with sunglasses colors and jewelry metals to flatter your coloring!! Please wear a lower neckline to class.

Instructor	Location	Day/Time	Dates	Fee
Candace Sanborn	PATHS Room 141	TH 5:30PM-8:00PM	5/7	\$35/\$45

### Holistic Approaches to Stress Management for Women

This course will provide practical and experiential opportunities to better manage stress. Coping strategies are enhanced with greater self awareness, mindfulness and healing arts practices. This series will offer a progression of tools especially for women to reduce stress and enhance peace, vitality and ease no matter the circumstances.

Instructor	Location	Day/Time	Dates	Fee
Jennifer Deraspe	PATHS Room 141	MO 6:00PM-7:30PM	5/11-5/18	\$30/\$40

Visit [portlandadulted.org](http://portlandadulted.org) to view full descriptions and register!

## Home & Life Skills *(continued)*

### The Hidden Cost of Crash Dieting

This workshop explores why crash diets fail and the hidden toll they take on metabolism, hormones, and emotional health. Learn how restriction causes overeating, weight gain, and burnout. Discover a more sustainable and compassionate approach to supporting your long-term health. This class is a lecture and Q&A. Instructor Amy Burt, Certified Health & Life Coach.

Instructor	Location	Day/Time	Dates	Fee
Amy Burt	DHS Room 207	TU 6:15PM-7:15PM	4/28	\$40/\$50

### Intro to Public Speaking

The goal of Introduction to Public Speaking and Communications is to provide caring, professional, and patient instruction, forging successful confidence-building. You will learn why we get uncomfortable “on stage” and attain proven techniques to be a better communicator. You will receive candid feedback in a trusting environment. Whether you are preparing for a job interview or simply wish to become a more confident communicator, this course is for you. *No class 5/25.*

Instructor	Location	Day/Time	Dates	Fee
Steve Alpren	DHS Room 207	MO 6:00PM-8:00PM	4/27-6/8	\$100/\$110

### Advanced Public Speaking

This course is a follow-up to the Intro to public speaking and communications class previously offered. This course is also intended for students that have an established background and comfort with speaking in public. Taking the introduction course first is suggested, however, it is not a prerequisite to sign up for this class if you are seeking a faster paced learning environment.

Instructor	Location	Day/Time	Dates	Fee
Steve Alpren	DHS Room 207	WE 6:00PM-8:00PM	4/29-6/3	\$100/\$110

### Ferment This! Spring Radishes

You’ll create your own personal radish ferments ready to eat in 7-10 days. This hybrid-option class includes a science overview, fermentation techniques, and troubleshooting. Fermenting vegetables preserves and adds nutritional value and probiotics. Also, they are beautiful to behold and tasty to eat. It’s so easy — you’ll be a master in no time, and then you can apply the techniques to many other vegetables. Zoom link, in-person address, and materials list will be shared after you register. Instructor Emma Holder, Masters in Micro/Immuno 1993, McGill University.

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	LMS Café/Hybrid	MO 7:00PM-8:15PM	4/27	\$30/\$40

### Ferment This! Fermented Cucumber “Pickles”

The difference between ferments and pickles is that one is probiotic and the other isn’t. You’ll learn how to make delicious dill cucumber “pickles” (ferments) that are also microbiome-friendly. The secret to a successfully snappy fermented cucumber is in the tannins. You’ll learn about this and more in the class. The hybrid-option class includes a science overview, fermentation techniques, and troubleshooting. Your jar of cucumber “pickles” will be ready to eat in 7-10 days. The zoom link, in-person address, and materials list will be shared after you register. Instructor Emma Holder, Masters in Micro/Immuno, McGill University.

Instructor	Location	Day/Time	Dates	Fee
Emma Holder	LMS Café/Hybrid	MO 7:00PM-8:15PM	5/4	\$30/\$40

## Languages

### Spanish 1

As an introduction to the Spanish language, this course emphasizes pronunciation and basic conversational skills. Students will explore the language and culture, while also engaging in basic Spanish discussions. **Required:** purchase *Practical Spanish Grammar, A Self-Teaching Guide*, by Marcial Prado, ISBN: 0-471-13446-5

Instructor	Location	Day/Time	Dates	Fee
TBD	DHS Room 216	TU 6:00PM-7:30PM	4/28-6/17	\$126/\$136

### Spanish 2

Students will continue their Spanish language development by working on pronunciation, conversational abilities, and vocabulary skills. This course is also appropriate for students who have had a semester of Spanish but need to refresh their skills. **Required:** purchase *Practical Spanish Grammar, A Self-Teaching Guide*, by Marcial Prado, ISBN: 0-471-13446-5

Instructor	Location	Day/Time	Dates	Fee
TBD	DHS Room 216	TU 7:35PM-9:05PM	4/28-6/16	\$126/\$136

### Spanish 3

This class helps students continue with their Spanish language development, focusing on basic conversational skills, vocabulary, and grammar. **Required:** purchase *Practical Spanish Grammar, A Self-Teaching Guide*, by Marcial Prado, ISBN: 0-471-13446-5

Instructor	Location	Day/Time	Dates	Fee
TBD	DHS Room 216	WE 6:00PM-7:30PM	4/28-6/19	\$126/\$136

### Spanish 4

Building off Spanish 3, students will increase their Spanish grammar and advanced conversational skills. **Required:** purchase *Practical Spanish Grammar, A Self-Teaching Guide*, by Marcial Prado

Instructor	Location	Day/Time	Dates	Fee
TBD	DHS Room 216	WE 7:35PM-9:05PM	4/28-6/19	\$126/\$136

### Italian 1

Ciao! Interested in learning what scholars call “the most romantic language”? Explore conversational approaches to the basics of Italian. Learn about the country and the culture at the same time. This class is for people with no previous experience with the Italian language. **Required:** purchase *Italian Made Simple*, by Cristina Mazzoni.

Instructor	Location	Day/Time	Dates	Fee
Giovina Ferrante	DHS Room 220	WE 6:00PM-8:00PM	4/29-6/17	\$149/\$159

### Italian 2: Continuing

This is a continuation of the Italian 1 class. Increase your vocabulary and learn to speak more fluidly. **Prerequisite:** at least one semester of Italian.

Instructor	Location	Day/Time	Dates	Fee
Giovina Ferrante	DHS Room 220	TU 6:00PM-8:00PM	4/28-6/16	\$149/\$159

### Italian 3: Conversational

Come to this class and really test your ability to speak Italian. You must have taken Italian classes prior to enrolling. Immerse yourself in the Italian culture with a motivated group. *No class 5/25.*

Instructor	Location	Day/Time	Dates	Fee
Giovina Ferrante	DHS Room 220	MO 6:00PM-8:00PM	4/27-6/15	\$120/\$130

## Factory 3



### Intro to Felting

Transform soft wool into charming creations in a fun, beginner friendly needle felting class full of personality.

Instructor	Location	Day/Time	Dates	Fee
Mia Waisman	Factory 3	SA 2:00PM-5:00PM	5/16	\$100/\$110
Mia Waisman	Factory 3	SA 10:00AM-1:00PM	6/20	\$100/\$110

### Intro to Knitting

Learn about fiber, yarn, and the fundamental techniques of hand knitting.

Instructor	Location	Day/Time	Dates	Fee
Jillian Carrozza	Factory 3	SU 2:00PM-6:00PM	4/26	\$120/\$130
Jillian Carrozza	Factory 3	SU 2:00PM-6:00PM	5/24	\$120/\$130
Jillian Carrozza	Factory 3	SU 2:00PM-6:00PM	6/28	\$120/\$130

### Intro to Quilting

Learn the steps to make a small quilt from start to finish. Emphasis on completion, not perfection.

Instructor	Location	Day/Time	Dates	Fee
Travis Clough	Factory 3	TH 6:00PM-8:00PM	5/27-5/28	\$235/\$245



Photo courtesy of Factory 3.

### Intro to Hand Stitching

Learn essential hand-sewing skills and put them to use making a needle case for your tools.

Instructor	Location	Day/Time	Dates	Fee
Lily Herb	Factory 3	SU 1:00PM-5:00PM	5/3	\$120/\$130
Lily Herb	Factory 3	SU 1:00PM-5:00PM	6/7	\$120/\$130

### Intro to Sewing

Learn the basics of cutting fabric, using a sewing machine, and the stitches available on most machines.

Instructor	Location	Day/Time	Dates	Fee
Multiple	Factory 3	SA 10:00AM-2:00PM	4/18	\$120/\$130
Multiple	Factory 3	TU 4:00PM-8:00PM	4/28	\$120/\$130
Multiple	Factory 3	SA 10:00AM-2:00PM	5/2	\$120/\$130
Multiple	Factory 3	SU 1:00PM-5:00PM	5/10	\$120/\$130
Multiple	Factory 3	SA 10:00AM-2:00PM	5/16	\$120/\$130
Multiple	Factory 3	TU 4:00PM-8:00PM	5/26	\$120/\$130
Multiple	Factory 3	SA 10:00AM-2:00PM	6/6	\$120/\$130
Multiple	Factory 3	SU 1:00PM-5:00PM	6/14	\$120/\$130

### Clothes Mending Workshop

With clothes designed to fall apart and be replaced, learning how to mend your favorite garments keeps them out of the landfills longer while saving you money. You'll learn the basics of mending, both on woven and knit fabric, by hand stitching or by machine. Hand sewing experience is helpful, but not required. You are encouraged to bring your own item of clothing in need of repair, but fabric for mending samples is provided.

Instructor	Location	Day/Time	Dates	Fee
Jillian Carrozza	Factory 3	SU 4:30PM-7:30PM	5/17	\$105/\$115

### Hand Embroidery

Learn the basics of hand embroidery, from fabric choice to different stitch techniques.

Instructor	Location	Day/Time	Dates	Fee
Julien Coyne	Factory 3	WE 6:00PM-9:00PM	6/10	\$140/\$150

### Sewing 2: Seams & Stitching Techniques

Take your sewing to the next level by exploring a variety of seam types and finishes used in both garment and home sewing. You'll practice techniques like French seams, flat-felled seams, and bias binding, and learn to sew curves and corners. We'll also cover choosing appropriate fabrics and thread, pressing techniques, and troubleshooting common issues.

**Prerequisite:** Intro to Sewing or equivalent experience using a sewing machine.

Instructor	Location	Day/Time	Dates	Fee
Multiple	Factory 3	SA 3:00PM-7:00PM	5/2	\$125/\$135
Multiple	Factory 3	SA 3:00PM-7:00PM	6/6	\$125/\$135

### Sewing 3: Patterns and Construction

Learn how to read, understand, and follow sewing patterns with confidence. This class will cover how to interpret pattern instructions, transfer markings, and determine construction order.

We'll also discuss garment fitting, notches, seam allowances, and fabric layout. Perfect for those ready to move from sewing practice to finished pieces. **Prerequisite:** Sewing 2 or equivalent — comfort with sewing machine and basic seam types.

Instructor	Location	Day/Time	Dates	Fee
Jillian Carrozza	Factory 3	TU 3:00PM-7:00PM	6/9	\$125/\$135

### Garment Sewing: Make Your Own Piece

Put your sewing skills into practice by completing a wearable garment in one session.

Choose between two beginner friendly patterns: palazzo pants or a side-tie top. You'll cut, pin, construct, and finish your project with instructor guidance while learning tricks to bring garments to life from a pattern. **Prerequisite:** Sewing 2 or equivalent.

Instructor	Location	Day/Time	Dates	Fee
Jillian Carrozza	Factory 3	TU 3:00PM-8:00PM	4/21	\$155/\$165
Jillian Carrozza	Factory 3	TU 3:00PM-8:00PM	6/16	\$155/\$165

## Factory 3 *(continued)*

### Sewing with a Serger

Learn to finish your edges with a serger, bringing your sewing skills to the next level.

Instructor	Location	Day/Time	Dates	Fee
Stacy Owen	Factory 3	SA 3:00PM-7:00PM	6/13	<b>\$125</b> /\$135

### Intro to Weaving

Explore the art of handweaving on a pre-dressed (already prepared) 4-shaft table loom, while producing a woven sampler of different patterns and colors.

Instructor	Location	Day/Time	Dates	Fee
Margaret B. Russell	Factory 3	SA 10:00AM-2:00PM	5/30	<b>\$145</b> /\$155
Margaret B. Russell	Factory 3	SA 10:00AM-2:00PM	6/13	<b>\$145</b> /\$155

### Intro to Peg Loom Weaving

Learn to prepare and weave on a peg loom. Simple in design but with limitless possibilities to make colorful and textured pieces or tapestries out of yarn, fleece, fabric strips, even recycled material.

Instructor	Location	Day/Time	Dates	Fee
Margaret B. Russell	Factory 3	SA 10:00AM-2:00PM	4/25	<b>\$130</b> /\$140

### Darning Knits: Decorative Repair Techniques

Learn how to decoratively patch holes in your most beloved knit items.

Instructor	Location	Day/Time	Dates	Fee
Eiligh Orff	Factory 3	TU 2:00PM-5:00PM	5/5	<b>\$90</b> /\$100
Eiligh Orff	Factory 3	TU 2:00PM-5:00PM	6/2	<b>\$90</b> /\$100

### Color Theory: Mixing with Watercolors

Explore the uniqueness of watercolors by learning color theory, blending, and glazing.

Instructor	Location	Day/Time	Dates	Fee
Audrey Parker	Factory 3	SU 5:00PM-8:00PM	6/7	<b>\$65</b> /\$75



Photo courtesy of Factory 3.

### Craft Project Night: Paper Flowers

Start to finish, a project you can complete in one class.

Instructor	Location	Day/Time	Dates	Fee
Dana Falsetta	Factory 3	MO 5:30PM-8:30PM	4/27	<b>\$65</b> /\$75

### Craft Project Night: Tin Can Lanterns

Start to finish, a project you can complete in one class.

Instructor	Location	Day/Time	Dates	Fee
Dana Falsetta	Factory 3	MO 5:30PM-8:30PM	6/22	<b>\$65</b> /\$75

### Intro to Drawing

Learn how to draw what you see using shape, form, light, and shadow.

Instructor	Location	Day/Time	Dates	Fee
Kelsey Grass	Factory 3	SA 10:00AM-1:00PM	5/2	<b>\$65</b> /\$75
Kelsey Grass	Factory 3	SA 10:00AM-1:00PM	6/6	<b>\$65</b> /\$75

### Intro to Watercolors

Build basic watercolor skills with your own themes — landscapes, still lifes, portraits, or whatever else you want to paint.

Instructor	Location	Day/Time	Dates	Fee
Audrey Parker	Factory 3	WE 6:00PM-8:00PM	5/6-5/27	<b>\$175</b> /\$185

### Portraiture for Beginners

Explore the intricacies of portraiture and facial features with mixed media materials.

Instructor	Location	Day/Time	Dates	Fee
Audrey Parker	Factory 3	SU 5:30PM-8:30PM	5/3-5/10	<b>\$130</b> /\$140

### Sketching and Watercolors

A new look at objects: learn the basics of both sketching and watercolors to enhance your paintings.

Instructor	Location	Day/Time	Dates	Fee
Audrey Parker	Factory 3	WE 5:30PM-8:30PM	4/22-4/29	<b>\$130</b> /\$140
Audrey Parker	Factory 3	WE 5:30PM-8:30PM	6/17-6/24	<b>\$130</b> /\$140

### Landscapes in Watercolor

Learn the basics of watercolor painting and bring your memories to life.

Instructor	Location	Day/Time	Dates	Fee
Audrey Parker	Factory 3	WE 5:30PM-8:30PM	6/3	<b>\$130</b> /\$140

### Intro to Stained Glass

Begin your painting journey with popular, versatile acrylics.

Instructor	Location	Day/Time	Dates	Fee
Kat Buccelli	Factory 3	MO 5:30PM-9:00PM	4/27	<b>\$150</b> /\$160
Kat Buccelli	Factory 3	MO 5:30PM-9:00PM	5/4	<b>\$150</b> /\$160
Kat Buccelli	Factory 3	MO 5:30PM-9:00PM	6/1	<b>\$150</b> /\$160
Kat Buccelli	Factory 3	MO 5:30PM-9:00PM	6/22	<b>\$150</b> /\$160

## Have a Class You Want to Teach?

### WE WANT YOU!

Share your unique talents and passion with the Portland Community.

To share your ideas and learn more, please contact us at [adulted@portlandschools.org](mailto:adulted@portlandschools.org) or call (207) 874-8155.

Factory 3 class cancellation policy: <https://factory3.org/class-cancellation-policy>.

Visit [portlandadulted.org](http://portlandadulted.org) to view full descriptions and register!

## Factory 3 *(continued)*

### Intro to ChatGPT

Discover how to ask smarter, think bigger, and get more done with AI.

Instructor	Location	Day/Time	Dates	Fee
Jon Betz	Remote	SA 10:00AM-12:00PM	5/9	<b>\$85</b> /\$95
Jon Betz	Remote	SA 10:00AM-12:00PM	6/13	<b>\$85</b> /\$95

### Intro to 3D Printing

Learn the basics of 3D printing, an exciting tool used to make an almost unlimited variety of projects.

Instructor	Location	Day/Time	Dates	Fee
Lee Rusiecki	Factory 3	SA 10:00AM-1:00PM	5/2	<b>\$105</b> /\$115
Lee Rusiecki	Factory 3	SA 10:00AM-1:00PM	6/6	<b>\$105</b> /\$115

### Intro to Resin 3D Printing: Miniatures and Models

Create, paint, and take home finely detailed peice with resin 3D printing..

Instructor	Location	Day/Time	Dates	Fee
Lee Rusiecki	Factory 3	WE 5:30PM-8:30PM	5/13-5/20	<b>\$175</b> /\$185

### Fundamentals of Computer-Aided Design

Whether designing a machine part, a table, or a house, learn the basic function of CAD software from a professional designer and engineer.

Instructor	Location	Day/Time	Dates	Fee
Alice Grady	Factory 3	SA 10:00AM-2:00PM	5/9	<b>\$130</b> /\$140
Alice Grady	Factory 3	SA 10:00AM-2:00PM	6/13	<b>\$130</b> /\$140

### Intro to Laser Cutting

Learn the fundamentals of Python coding in this hands on, beginner friendly workshop.

Instructor	Location	Day/Time	Dates	Fee
Will Conklin	Factory 3	SA 10:00AM-2:00PM	5/23	<b>\$130</b> /\$140

### Intro to Raspberry Pi and Arduino

Learn to program your own powerful, affordable Raspberry Pi devices for hardware projects and home automation.

Instructor	Location	Day/Time	Dates	Fee
Jon Betz	Factory 3	SA 10:00AM-1:00PM	4/25	<b>\$105</b> /\$115

### Intro to Laser Cutting

Learn how a laser cutter works, what materials can be cut with it, and how it can expand your making skills and engrave your artwork.

Instructor	Location	Day/Time	Dates	Fee
Isaac Atkins	Factory 3	SA 2:00PM-5:00PM	5/16	<b>\$105</b> /\$115
Isaac Atkins	Factory 3	SA 2:00PM-5:00PM	6/20	<b>\$105</b> /\$115

### Intro to Bridgeport Milling Machine

In this class for those with a strong interest in metalworking tools, you will learn safe setup and basic operations of the classic Bridgeport milling machine.

Instructor	Location	Day/Time	Dates	Fee
Daniel Gill	Factory 3	SA 10:00AM-2:00PM	6/6	<b>\$210</b> /\$220

### Intro to Metal Lathe

In this class for those with a strong interest in metalworking tools, you will learn safe setup and basic operation of the classic South Bend Lathe.

Instructor	Location	Day/Time	Dates	Fee
Daniel Gill	Factory 3	SA 10:00AM-2:00PM	5/2	<b>\$210</b> /\$220

Factory 3 class cancellation policy: <https://factory3.org/class-cancellation-policy>.

### Intro to Electric Soldering

Learn soldering, a critical skill for making electronic circuits.

Instructor	Location	Day/Time	Dates	Fee
Preston Haynes	Factory 3	SA 2:00PM-4:30PM	5/2	<b>\$105</b> /\$115
Preston Haynes	Factory 3	SA 2:00PM-4:30PM	6/6	<b>\$105</b> /\$115

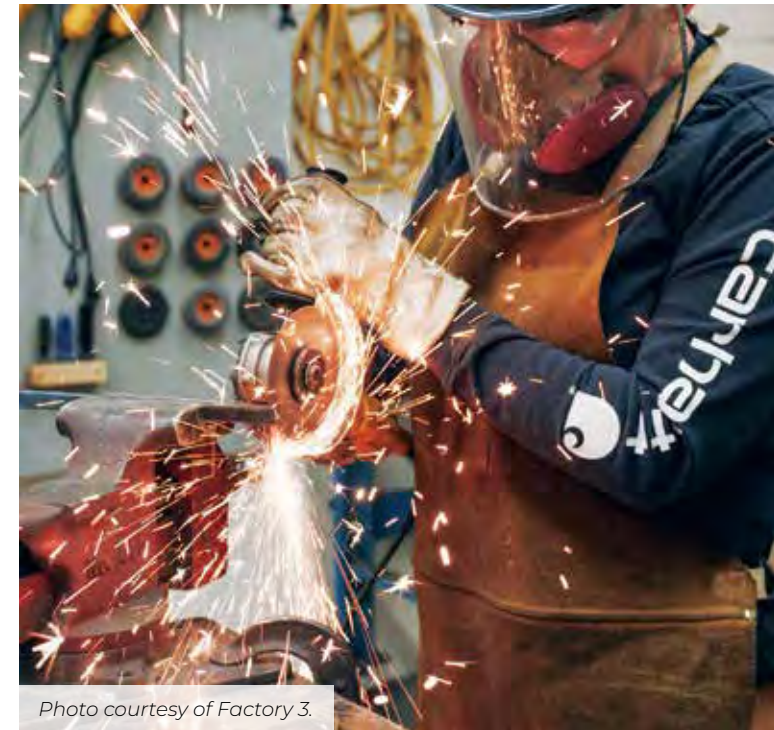


Photo courtesy of Factory 3.

### Intro to Welding

Learn the basics of MIG welding in a safe, encouraging environment. Open to all levels, including beginners.

Instructor	Location	Day/Time	Dates	Fee
B. Cormier, A. Putman	Factory 3	WE 5:30PM-9:00PM	4/15	<b>\$170</b> /\$180
B. Cormier, A. Putman	Factory 3	WE 5:30PM-9:00PM	5/6	<b>\$170</b> /\$180
B. Cormier, A. Putman	Factory 3	SA 10:00AM-1:30PM	5/9	<b>\$170</b> /\$180
B. Cormier, A. Putman	Factory 3	WE 5:30PM-9:00PM	5/20	<b>\$170</b> /\$180
B. Cormier, A. Putman	Factory 3	WE 5:30PM-9:00PM	6/3	<b>\$170</b> /\$180
B. Cormier, A. Putman	Factory 3	SA 10:00AM-1:30PM	6/13	<b>\$170</b> /\$180
B. Cormier, A. Putman	Factory 3	WE 5:30PM-9:00PM	6/17	<b>\$170</b> /\$180

### Welding 2

If you took Factory 3's Intro to Welding class or have some welding experience, you're ready to apply and grow your skills with a small project.

Instructor	Location	Day/Time	Dates	Fee
Aaron Putnam	Factory 3	SA 3:00PM-7:00PM	5/9	<b>\$180</b> /\$190
Aaron Putnam	Factory 3	SA 3:00PM-7:00PM	6/13	<b>\$180</b> /\$190

Visit [portlandadulted.org](http://portlandadulted.org) to view full descriptions and register!

## Factory 3 *(continued)*

### Intro to Woodshop

Gain hands-on experience with woodshop machines, turning a rough-sawn piece of hardwood into a cutting board. Beginners welcome.

Instructor	Location	Day/Time	Dates	Fee
Multiple	Factory 3	SA 10:00AM-2:00PM	4/18	<b>\$160</b> /\$170
Multiple	Factory 3	SA 10:00AM-2:00PM	5/2	<b>\$160</b> /\$170
Multiple	Factory 3	SA 10:00AM-2:00PM	5/16	<b>\$160</b> /\$170
Multiple	Factory 3	SA 10:00AM-2:00PM	6/13	<b>\$160</b> /\$170
Multiple	Factory 3	TU 9:00AM-1:00PM	6/16	<b>\$160</b> /\$170
Multiple	Factory 3	SA 10:00AM-2:00PM	6/27	<b>\$160</b> /\$170

### Intro to Wood Router

Learn how to assemble and disassemble a wood router and use it in a router table and as a handheld tool. If you have your own router, you may bring it.

Instructor	Location	Day/Time	Dates	Fee
Mark Stewart	Factory 3	TH 6:00PM-8:00PM	5/28	<b>\$80</b> /\$90

### Intro to Wood Carving

Discover the art of knife carving-safety techniques, carving fundamentals, and how to bring your first project to life.

Instructor	Location	Day/Time	Dates	Fee
Mark Reynolds	Factory 3	TU 6:00PM-9:00PM	4/14	<b>\$90</b> /\$100
Mark Reynolds	Factory 3	TU 6:00PM-9:00PM	5/12	<b>\$90</b> /\$100
Mark Reynolds	Factory 3	TU 6:00PM-9:00PM	6/9	<b>\$90</b> /\$100

### Block Printing Basics

Create bold, handmade prints as you carve, ink, and press your own designs.

Instructor	Location	Day/Time	Dates	Fee
Dana Falsetta	Factory 3	MO 5:30PM-7:30PM	5/4	<b>\$65</b> /\$75
Dana Falsetta	Factory 3	MO 5:30PM-7:30PM	6/1	<b>\$65</b> /\$75



Photo courtesy of Factory 3.

### Lathe Wood Turning Workshop: Bowls

Learn the basics of lathe turning to make elegant bowls.

Instructor	Location	Day/Time	Dates	Fee
Paloma Diaz-Dickson	Factory 3	TU 6:00PM-9:00PM	6/2-6/16	<b>\$420</b> /\$430

### Woodworking Project: Bandsaw Box

Learn the basic woodworking techniques and safety skills to make your own bandsaw boxes, which can be made in a variety of sizes and shapes.

Instructor	Location	Day/Time	Dates	Fee
C. Devine, M. Stewart	Factory 3	SU 2:00PM-5:00PM	5/10	<b>\$115</b> /\$125

### Woodworking Project: Wall Shelf

Learn some woodworking techniques to make an immediately useful wall shelf with design elements of your own.

Instructor	Location	Day/Time	Dates	Fee
C. Devine, M. Stewart	Factory 3	SU 2:00PM-5:00PM	6/14	<b>\$115</b> /\$125

## Factory 3<sup>®</sup>



Photo courtesy of Factory 3.

### We're on Instagram!



Follow us  
@portlandadulted

Visit [portlandadulted.org](http://portlandadulted.org) to view full descriptions and register!

## PAE Academics

Sharpening math skills, preparing for college, learning English: PAE's academic programs help students reach their specific goals at the most appropriate skill level.



Our **Language Arts and Math** programs focus on improving reading, writing, and math skills as students work toward a High School Diploma, HiSET, or college readiness. **ESOL classes** at a variety of levels help students to improve their English for better jobs, higher academic achievement, or to more fully participate in the community.

## PAE Academics: ESOL

### English for Speakers of Other Languages (ESOL)

We offer approximately **45 English classes** for students learning or improving their English.

- » Morning, afternoon, and evening sessions available
- » **Levels Beginning through Level 6** (advanced)
- » Starting at Level 5, students may also enroll in English Language Arts classes
- » Most courses meet twice a week (Monday/Wednesday or Tuesday/Thursday) for 2.5 hours
- » Some courses are remote, and some in-person

**New students and those returning after a year or more need a new student placement test. Call PAE now for more information: (207) 874-8155.**

Come to the office to ask about available courses, registration, or to get on our waiting list.

## ESOL Classes

### Citizenship

This course will prepare students to take the U.S. citizenship exam. Topics include: U.S. history and government and reading and writing vocabulary needed to pass the exam. The class is designed for students ESOL 3 and below and who have been in this country for 4 years or longer. **Book Fee: \$20.00**

Instructor	Location	Day/Time	Dates	Fee
Moey Burchenal	PAE Room 5	M/W 12:00PM-2:30PM		\$0/\$0

## Do You Have Internet Access?

If you want to enroll in any hybrid or remote courses,

**you must have internet access** at home.

**Portland Adult Education does not provide hotspots.**

## PAE Academics: Math & Science

PAE math students learn to be flexible with numbers and often appreciate the change from the rigid, take-it-or-leave-it methods they first learned. Students are free to make mistakes, explore, and choose the method that works best for them.

**Registration begins on March 26, 2026.**

## Math & Science

### Whole Numbers

This course will help students become comfortable solving problems with whole numbers using basic operations, and strengthen a student's number sense. **Book Fee: \$20**

Instructor	Location	Day/Time	Dates	Fee
David Santoro	PAE Room 5	TU/TH 12:00PM-2:30PM	4/7-6/23	\$0/\$0

### Fractions

This course will help students understand common fractions, decimals, and percents so they can use them within their day-to-day life. Fraction equivalents, as well as math operations with fractions, will all be covered in this class. **Book Fee: \$20**

Instructor	Location	Day/Time	Dates	Fee
Diane Kaneza	PAE Room 5	TU/TH 6:00PM-8:30PM	4/7-6/23	\$0/\$0

### Decimals

This course will help students understand decimal numbers and how they relate to fractions and percents. Basic operations will be covered. **Book Fee: \$20**

Instructor	Location	Day/Time	Dates	Fee
Maryann Kurdyla	PAE Room 4	M/W 9:00AM-11:30AM	4/6-6/24	\$0/\$0

### Ratios/Measurement

This course will develop ratio and proportional thinking and reinforce fraction and percent skills. Students will also explore measurement in both customary and metric units. **Book Fee: \$20**

Instructor	Location	Day/Time	Dates	Fee
David Santoro	PAE Room 4	TU/TH 9:00AM-11:30AM	4/7-6/23	\$30/\$40

### Algebra A

This course introduces students to algebraic problem solving including integer operations, exponent properties, solving multistep equations and inequalities. **Book Fee: \$20**

Instructor	Location	Day/Time	Dates	Fee
Carol Hager	PAE Room 5	M/W 9:00AM-11:30AM	4/6-6/24	\$30/\$40
Carol Hager	Remote	M/W 6:00PM-8:30PM	4/6-6/24	\$30/\$40

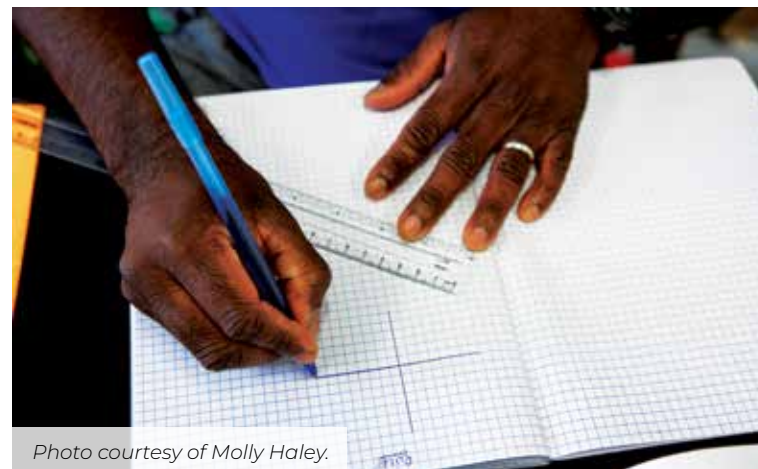


Photo courtesy of Molly Haley.

Visit [portlandadulthood.org](http://portlandadulthood.org) to view full descriptions and register!

## Math & Science *(continued)*

### Geometry

This course is taught in two parts. Shapes, angles, area, volume, and perimeter are taught in the first half of the class. Coordinate geometry, including, plotting equations, slope, and parallel and perpendicular lines in the second part. **Book Fee: \$20**

Instructor	Location	Day/Time	Dates	Fee
Solomon Nkhalamba	PAE Room 4	TU/TH 6:00PM-8:30PM	4/7-6/23	\$30/\$40
Christel Driscoll	PAE Room 4	TU/TH 12:00PM-2:30PM	4/7-6/23	\$30/\$40

### Algebra B

This course continues building from Algebra A and includes topics such as quadratic equations, systems of equations and probability. **Book Fee: \$20**

Instructor	Location	Day/Time	Dates	Fee
Jen Jackson	PAE Room 5	M/W 12:00PM-2:30PM	4/6-6/24	\$30/\$40

### Financial Literacy

This course includes key topics such as the US monetary system, budgeting, understanding your paycheck, bank statements, and credit basics. We will practice speaking, reading and writing while learning about finances. *Online work required outside of class.*

Instructor	Location	Day/Time	Dates	Fee
Carol Hager	PAE Room B	TH 12:00PM-2:30PM	4/9-6/18	\$30/\$40

“Despite struggling through high school, the HiSET allowed me to earn my diploma and continue pursuing my dreams.”

— Krisztián K., Class of 2024

## Do you want to...

- » Earn your High School Diploma or pass the high school equivalency HiSET Test?
- » Improve your math, reading, and writing skills for a job?
- » Prepare for college?

For **HiSET exam preparation**, contact  
**Heidi Davidson** at [davidh@portlandschools.org](mailto:davidh@portlandschools.org)

For **diploma completion & college preparation**, contact  
**Anja Hanson** at [hansoa@portlandschools.org](mailto:hansoa@portlandschools.org)

\*All students are required to have home internet access for remote and hybrid classes.

## PAE Academics: Language Arts

- » Advance your reading and writing skills
- » Get help applying for scholarships
- » Earn credits toward your High School Diploma or build skills for the HiSET test
- » Prepare for college or career through our College Transitions Program (and avoid paying for remedial courses at college that don't give college credit)
- » Courses require the use of Google Classroom and independent online work outside of class time.

### Registration Information

- » **Registration begins March 26, 2026.**
- » If you are a new student or have been away from PAE for over a year, call now to make an appointment for a placement test!

### English Language Arts Levels at PAE for High School Diploma and College Prep

**ESOL 6/LA 100** Required for completion of the High School Diploma program

**LA 200** Continued college preparation

**LA 300** College-ready in English language skills

## Level: ESOL 5/LA100/200

### Readings in Social Studies Credit: Social Studies or English

Learn about misinformation on the Internet, globalization, and world geography. Students will do weekly reading and writing assignments.\*

Instructor	Location	Day/Time	Dates	Fee
Heather Moore Wood	PAE Room B	TU 9:00AM-11:30AM	4/7-6/23	\$30/\$40

### Readings in Environmental Sciences Credit: Science or English

Learn about topics in Environmental Science while developing your reading skills and science vocabulary. We will explore current topics such as climate change, pollution, and recycling.\*

Instructor	Location	Day/Time	Dates	Fee
Carolyn Lancia	Remote	TH 12:00PM-2:30PM	4/9-6/18	\$30/\$40

### Academic Writing Credit: English

Learn key grammar concepts and organization of ideas in academic texts; practice them through writing assignments about selected academic readings. Monday remote, Wednesday face-to-face.\* **Book Fee: \$10.00**

Instructor	Location	Day/Time	Dates	Fee
Nicole Mins	PAE Room B/Hybrid	M/W 9:00AM-11:30AM	4/6-6/24	\$30/\$40

### Write Your Stories (Level 5) Credit: English

Read a variety of short stories, analyze how they are written and write your own short personal stories. *Online work required outside of class.\** **Book Fee: \$30.00**

Instructor	Location	Day/Time	Dates	Fee
Ann Hall	PAE Room 3	WE 6:00PM-8:30PM	4/8-6/24	\$30/\$40

### Academic Speaking and Listening Credit: English

Improve your academic speaking skills and practice listening and taking notes. These are great academic skills for your future! Tuesday remote, Thursday face-to-face. *Online work required outside of class.\** **Book Fee: \$30.00**

Instructor	Location	Day/Time	Dates	Fee
Rochelle Yanike Hale	PAE Room 3/Hybrid	TU/TH 12:00PM-2:30PM	4/7-6/23	\$30/\$40

Visit [portlandadulted.org](http://portlandadulted.org) to view full descriptions and register!

## Level: ESOL 6/LA100/200

### ESOL Level 6 Credit: English

Advanced ESOL reading, grammar, speaking, and listening. \* **Book Fee: \$10.00**

Instructor	Location	Day/Time	Dates	Fee
Carla Reyes	Remote	M/W 6:00PM-8:30PM	4/6-6/24	\$30/\$40

### Write Your Stories (Level 100/200) Credit: English

Read a variety of short stories, analyze how they are written and write your own short personal stories. *Online work required outside of class.* \* **Book Fee: \$30.00**

Instructor	Location	Day/Time	Dates	Fee
Briana Bizier	PAE Room B/Hybrid	WE 6:00PM-8:30PM	4/8-6/24	\$30/\$40

### Anatomy & Physiology (Level 100+) Credit: Science

Study human anatomy and physiology as they relate to Cystic Fibrosis. Course is best taken together with Medicine and Literature. Ideal for students interested in a healthcare career.

*Online work required outside of class.* \* **Book Fee: \$30.00**

Instructor	Location	Day/Time	Dates	Fee
Carolyn Lancia	PAE Room 10	TH 6:00PM-8:30PM	4/9-6/18	\$30/\$40

### Medicine & Literature

Improving your English for a healthcare career? The best way to add to your vocabulary is by reading. Learn about the genetic disease Cystic Fibrosis by reading a 275-page book called *Five Feet Apart*. It's a love story involving three teenagers that takes place in a hospital. *This course is best taken together with Anatomy & Physiology.* \* **Book Fee: \$10.00**

Instructor	Location	Day/Time	Dates	Fee
Alison Perkins	PAE Room B	TU 6:00PM-8:30PM	4/7-6/23	\$30/\$40

### US History

Investigate a few key periods in U.S. History and improve your ability to read and write about advanced academic texts. Think deeply about whether and how the U.S. has lived up to its ideals of liberty, equality, rights, democracy, and opportunity.\*

Instructor	Location	Day/Time	Dates	Fee
Sarah Norsworthy	PAE Room 10/Hybrid	TU/TH 6:00PM-8:30PM	4/7-6/23	\$30/\$40

## Level: LA300

### Intro to College Writing

Create focused, well-developed essays so that you will be ready for college. You'll also learn how to write a strong application for a scholarship. *Must have completed at least 1 semester of Level 200.* \* **Book Fee: \$10.00**

Instructor	Location	Day/Time	Dates	Fee
Briana Bizier	Online	ASYNCHRONOUS	4/6-6/22	\$30/\$40

## Maine Adult Education Association

Additional adult educational opportunities are available by visiting the Maine Adult Education website at: [maineadulted.org](http://maineadulted.org)



\*All students are required to have home internet access for remote and hybrid classes.

## College & Career Access Program

We can help you achieve your goal of **succeeding in college!**

Develop a plan with an advisor to prepare for college.

To be eligible for the program, **you must have a high school diploma or high school equivalency.**

The College & Career Access Program Includes:

- » Classes to improve **essential academic skills**
- » **Placement testing** in reading & math
- » Academic **advising**

For more info or to schedule an appointment with an advisor,

**call (207) 842-4611** or email: [hansoa@portlandschools.org](mailto:hansoa@portlandschools.org)

“*At 44, I never, ever thought I would be going back to school and on to college. I give credit to my friends, family, and all the staff that have helped me along the way. I’m living proof that anyone can achieve their dreams and then some.*”

— Philip L., Class of 2024

## New Student Testing for Language Arts or Math

To sign up for any of our Academic courses (Language Arts, Math, Science, or History/Social Studies), **you will need either a teacher recommendation OR an interview and placement test with a teacher.**

**Call (207) 874-8155 to make an appointment** for new student testing. The appointment will take about 2 hours.

- » Please be prepared to **register and pay** for your course immediately following the appointment.
- » If you have **ACCUPLACER scores**, please bring them to the appointment with you.

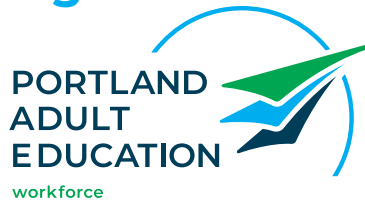
**We want to place you in the right course...**

**Call now for an appointment to find out your level!**

Visit [portlandadulted.org](http://portlandadulted.org) to view full descriptions and register!

## PAE Workforce Training

PAE offers training programs that last between 12 and 24 weeks that are designed to support participants as they prepare to enter into the workforce for the first time, re-enter after some time away or change their career path. The application process begins a few months before the beginning of classes to ensure that students can secure financing (often with our help) and arrange their current work schedule if necessary.



Programs offered throughout the year include:

- » **Supported CNA**
- » **Healthcare Office Certificate**
- » **Teller Training**
- » **Bridge to Clean Energy Careers**
- » **Clean Energy Pre-Apprenticeship: Heatpump Installation**

Programs offered this spring:

- » **Clean Energy Pre-Apprenticeship: Green Construction & Weatherization**
- » **Bridge to Healthcare Careers**
- » **English for Job Preparation**
- » **Classes for Educators and Aspiring Educators**

Applications for Spring Term programs close March 3, 2026.

See the schedule for Fall Term on our website in May!

## Scholarships Available!

Don't let the cost of tuition be a barrier to your growth.

For more information, please email:  
[paeworkforce@portlandadulthood.org](mailto:paeworkforce@portlandadulthood.org)

*\*All students are required to have home internet access for remote and hybrid classes.*

## Fall Workforce Programs!

**Applications for our Fall Term programs will open on June 1, 2026.**

Please visit our website

<https://www.portlandadulthood.org/programs/workforce-training>  
for more information.

## Spring 2026 Workforce Training

### Microsoft Office

This class is intended for the person who has had little practice using Microsoft Products, but with basic digital competency. We will use MS Word to create and edit documents containing images, graphs and hyperlinks. We will use Excel to create and edit basic spreadsheets, using it to calculate and organize data. Everyone will create presentations in PowerPoint, learning to animate text and images and incorporate media like video, music and voice recording. Each student will learn how to use skills they learn about effective presentations to deliver one to the class. We will learn to navigate screens between Google and Microsoft Office. We will learn about Office 365, One Drive file sharing and Teams.

**Prerequisite:** CASAS score 228+ ; Basic Digital Skills required: PAE Course Digital Skills for Learning and Work or teacher approval.

Instructor	Location	Day/Time	Dates	Fee
Trace Salter	PAE Room 9	M/W 9:00AM-11:30AM	4/6-6/24	<b>\$232</b> /\$242

### Intro to QuickBooks® Online

This course uses QuickBooks accounting software. It will cover areas including setting up an accounting system, accounts receivable and payable reconciliation, and financial statement generation.

Instructor	Location	Day/Time	Dates	Fee
Deb Seigars	Remote	M/W 6:00PM-8:00PM	4/27-5/13	<b>\$84</b> /\$94
Deb Seigars	Remote	TU 9:00AM-11:00AM	5/12-6/16	<b>\$84</b> /\$94

*“PAE is a place where I feel encouraged to ask questions, participate in discussions, and grow.”*

**- PAE Student**

## New Mainers Resource Center



Photo courtesy of Molly Haley.

The New Mainers Resource Center is designed to help internationally trained professionals and immigrants enter the U.S. workforce.

**The New Mainers Resource Center (NMRC)** is a statewide program serving immigrants, refugees, and employers in the Greater Portland, Lewiston, and Bangor areas. We work with internationally trained professionals who have a bachelor's degree or above from their home country and immigrants with work experience in the trades (electricians, plumbers, welders, etc.). We provide advising and case management, workshops focused on job readiness skills, connections to employment and networking opportunities, and other services designed to support New Mainers of all professions overcome barriers to enter the U.S. workforce and thrive.

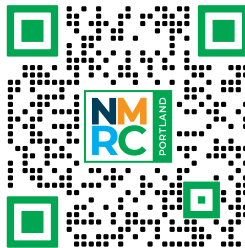
**Services include:**

- » **Career guidance** and case management
- » Development and implementation of **individualized professional career or educational plans**
- » Assistance with the credential review process and **Maine licensing requirements**
- » Employer connections and **professional networking**
- » **Job search skills**
- » Workforce workshops
- » **Referral and coordination** with other services, training and educational programs
- » Help locating **training programs and resources**

**NMRC provides financial assistance with credential evaluations and professional licensing.**

**Contact us** to learn what we can do for you! Visit the website, send us an email, or scan the QR code to get in touch:

[nmrcmaine.org](http://nmrcmaine.org) | [nmrc@portlandschools.org](mailto:nmrc@portlandschools.org)



## Friends of Portland Adult Education

**The mission of Friends of Portland Adult Education**

(FPAE) is to **find innovative ways to help adult learners reach their educational and employment goals.** We are extremely grateful to the individuals, corporations, private foundations, volunteers, and partners that have made these projects possible:



- » **Improved student placement process** to reduce the waiting list
- » Established a **Tuition Assistance Program** for PAE courses
- » Supported highly skilled immigrants to **prepare for their careers in Maine**
- » Secured funding for **technology upgrades for teachers and classrooms**
- » Encourage and support **staff development**

Friends of Portland Adult Education is a 501(c)(3) organization that supports the efforts of Portland Adult Education.

**To donate, please visit our website at [www.friendsofpae.org](http://www.friendsofpae.org) or contact Rob Wood by email at [friendsofpae@gmail.com](mailto:friendsofpae@gmail.com).**

## PAE Registration Form

**Mail or fax completed registration form to:**

**Portland Adult Education**  
 14 Locust Street, Portland, ME 04101  
 Phone: (207) 874-8155 Fax: (207) 773-0151

**STUDENT INFORMATION**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Email Address: \_\_\_\_\_  Male  Female  Non-Binary

**COURSE INFORMATION**

Course Name	Date/Time	Fee

**PAYMENT METHOD** **TOTAL:** \_\_\_\_\_

Check (payable to PAE)  MasterCard  Visa

Card #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_



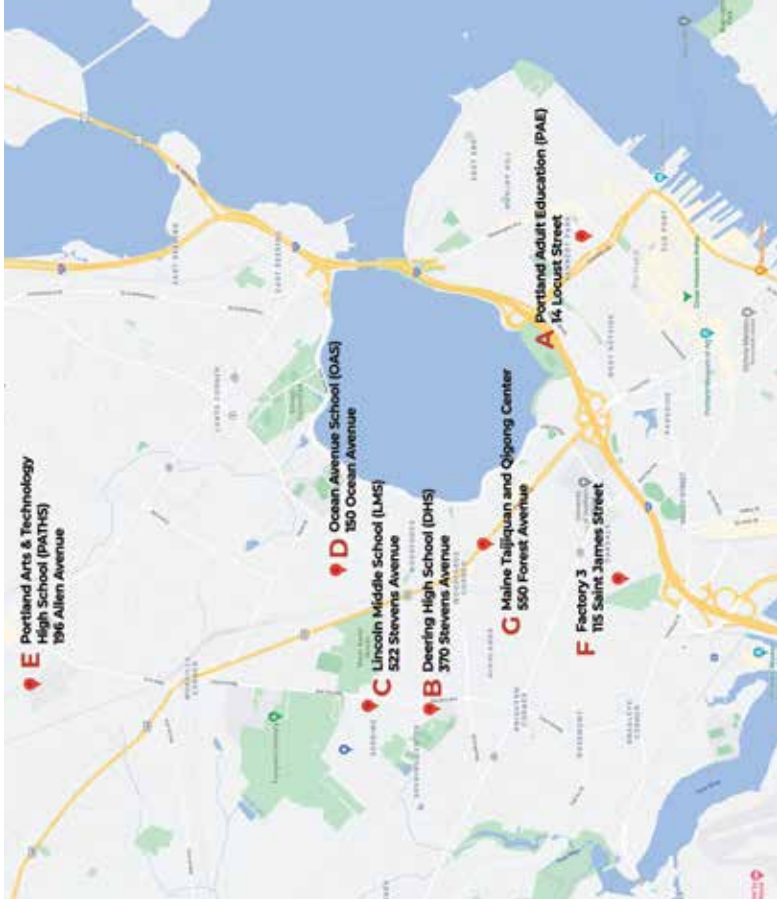
# Locations

Classes will be offered in-person, remote, or both (hybrid). **Use the map below** to find the location of your in-person class.

- A.** Portland Adult Education (PAE)  
Cathedral School, 14 Locust St.
- B.** Deering High School (DHS)  
370 Stevens Avenue
- C.** Lincoln Middle School (LMS)  
522 Stevens Avenue
- D.** Ocean Avenue School (OAS)  
150 Ocean Avenue
- E.** Portland Arts & Technology  
High School (PATHS)  
196 Allen Avenue
- F.** Factory 3  
105 St. James Street
- G.** Maine Taijiqian  
and Qigong Center  
550 Forest Avenue



**Portland Adult Education**  
A Division of Portland Public Schools  
14 Locust Street  
Portland, ME 04101



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